



TO BE, RATHER THAN TO SEEM TO BE

DIPLOMA **ASPIRE**





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We are pleased to introduce our innovative Sixth Form Diploma, a guided framework of exciting opportunities within supra-curricular, personal growth and leadership and service, built around our core A-Level offering.

As a school, we are very excited by this initiative. The Diploma is designed to be a choice-driven, well supported and bespoke framework that empowers students to develop skills of value beyond schooling or qualifications, and to be able to evidence their achievements and development better.

A-Level success remains at the core of the Sixth Form journey but it has never been more important to ensure that young adults develop values and skills via experiences and opportunities that go far beyond their academic qualifications, and in a way that supports ambition, success and wellbeing for the students' futures beyond school.

WE'VE GOT YOU

BE SUPPORTED ON YOUR BESPOKE JOURNEY

Supported by subject teachers, tutors and the Sixth Form team, the Diploma builds on the excellent academic, pastoral and co-curricular offering to create a guided framework from which you can develop your individual pathway.





DIPLOMA FRAMEWORK

DIPLOMA ASPIRE

The Diploma runs across the Autumn, Spring and Summer Term in the Lower Sixth and the Autumn and Spring Term in the Upper Sixth with one contact lesson and one timetabled lesson a fortnight during the Lower Sixth.

Within the Diploma framework, you are required to complete the core component section alongside your chosen electives. All students need to complete 150 credits and we recommend that electives are split evenly across supra-curricular, personal growth and leadership and service. Support is given when choosing your electives in order to maximise your success through a cohesive approach.

Electives will be logged and tracked through Unifrog, with credits assigned towards the gold, silver or bronze certificate.

150 CREDITS

split across the three electives

LOWER SIXTH
AUTUMN / SPRING / SUMMER

UPPER SIXTH
AUTUMN / SPRING

CERTIFICATES
GOLD / SILVER / BRONZE

CORE COMPONENT

Core Component

Delivered in timetabled lesson

Lower Sixth:

Autumn

Components focus on an introduction to sixth form life and developing soft skills to thrive during A-levels and beyond.

Spring and Summer

Components focus on using research tools on Unifrog to support post 18 applications and dedicated times to undertake a MOOC.

Upper Sixth:

Autumn

Components focus on the completion of MOOC and supra-curricular work and dedicated post 18 application support.

Spring and Summer

Components focus on looking to the future, including student finance, car maintenance and surviving university.

ELECTIVES

Leadership and Service Electives (50 credits)

ACHE Peer Mentoring Course (20 credits)

ACHE Mentors (10 credits)

Internal Leadership Role (10 credits)

Volunteering (5-10 credits)

Running alongside timetabled lessons

Leadership day (5 credits)

Prefecture (department) (30 credits)

Prefecture (Senior) (20 credits)

Youth Mental Health First Aid Aware course (10 credits)

Committees (10 credits)

Volunteering (10 credits)

Internal leadership role (eg sports captain, assistant coach, referee, head chorister, ensemble lead, team leader, lead part) (5 credits)

Charity Concert organiser (10 credits)

The Sixth Form Diploma has introduced me to so many new activities that I would never have dreamed of attempting before, for example scuba diving and mandarin courses, as well as volunteering at local charity shops and applying for prefect roles within school. The supra/extra-curricular activities have given me a well-needed break from my studies, allowing me to think past studies for a bit!

OLIVER



ELECTIVES

Personal Growth Electives (50 credits)

Leiths (30 credits) *Running alongside timetabled lessons*

Seasonaires certificate in ski chalet/yacht cookery course (30 credits) Additional cost Thursday 4 – 6pm

Beach lifesaving qualification (30 credits) £30 Monday after school

Free diving (10 credits)

Self defence - eight sessions (15 credits)

Discovery scuba diving (10 credits)

Music Department:

National level (30 credits)

Regional/County level (20 credits)

School level (5-10 credits)

Various solo/ensemble on a case-by-case basis (5-20 credits)

Drama/Tech Team Department:

Whole School Production (5-20 credits)

Senior School play main role (5-20 credits)

Drama Ensemble (10 credits)

Tech Team (5-10 credits)

Sports Department:

International/National level (50 credits)

Regional/County level (20 credits)

School Team Sport (10 credits)

School Club (5 credits)

Saints South West (5-20 credits)

Outdoor Pursuits:

DofE, Ten Tors, Slovenia, Navigational skills (20 credits)

Art Department:

Life drawing (10 credits)

Open studio (5 credits)

City of Lights (5 credits)

Other:

Yoga (5 credits)

Spin class/fitness/gym (10 credits)

Beginners fencing (5 credits)

Swimming (10 credits)

ELECTIVES

Supra-Curricular Electives (50 credits)

EPQ (30 credits)

Additional A-level (50 credits)

Core Maths (25 credits)

Work Experience (2-20 credits)

Running alongside timetabled lessons

MOOCS, additional to the MOOC in the core units (30 credits)

Burrell Society Lectures (2 credits each)

Pathways, Careers and subject based talks (2 credits each)

Public Speaking opportunity (5 credits)

Academic competitions (10 credits)

Post 18 webinars (5 credits)



**YOUR FUTURE
YOUR CHOICE
YOUR DIPLOMA**

Support will be given when choosing your electives.



DIPLOMA ASPIRE

To truly help you be the best that you can be, and to fully prepare you for life after A-Levels, our Sixth Form Diploma focuses on character development outside of the classroom.

Every student who passes through our Sixth Form leaves a mark on our community and it is through these additional programmes and constant buzz of events and activities that our students really develop an identity and skillset to prepare them for the challenges of adult life.

CO-CURRICULAR

We believe that studying A-Levels shouldn't mean you have to give up your other interests; balance is important and co-curricular activities play a vital role in preparing students for the pressures of the exam room, as well as providing improved wellbeing and mental toughness.

SPORTS AND FITNESS

Truro School has a fine reputation for its sporting achievements at county, regional and national level. The school takes great pride in offering a broad range of sporting opportunities for all pupils, irrespective of their abilities. Blessed with outstanding sporting facilities, as well as knowledgeable and enthusiastic coaches, we can provide support and mentoring programmes to help with your lifestyle choices, nutrition, training and balancing your exercise and studies.

HEALTH AND WELLBEING

Develop your culinary skills and prepare for independent living with cookery lessons in our new state-of-the-art kitchen. You can study the Leiths Introductory Certificate as part of your timetable or during evening classes.

CREATIVE ARTS

The Heseltine Gallery is our on-site working gallery with an annual programme of exhibitions from external artists designed to inspire and fuel creativity.

DRAMA

Take your performance skills to the next level in our professional theatre or seize an opportunity to learn with a working technical team and professional theatre company.

MUSIC

Improve your skills with international musicians and a programme of masterclasses. With over 60 concerts and ensembles throughout the year, there are plenty of opportunities for you to showcase your talents.

OUTDOOR PURSUITS

Our leading centre is the biggest in the south west and provides opportunities to join the Duke of Edinburgh's award, participate in the Ten Tors challenge on Dartmoor or undertake an overseas adventure.

These activities, whilst fun to take part in, will allow your referee for university and/or employment to evidence valuable skills such as leadership, teamwork, communication, sociability, honesty, integrity, determination, resilience and self-confidence.





LIFE AND EMPLOYABILITY SKILLS

Our Life Skills programme runs throughout the Lower and Upper Sixth. It helps students make well-educated and informed choices, whilst respecting the independence of each individual.

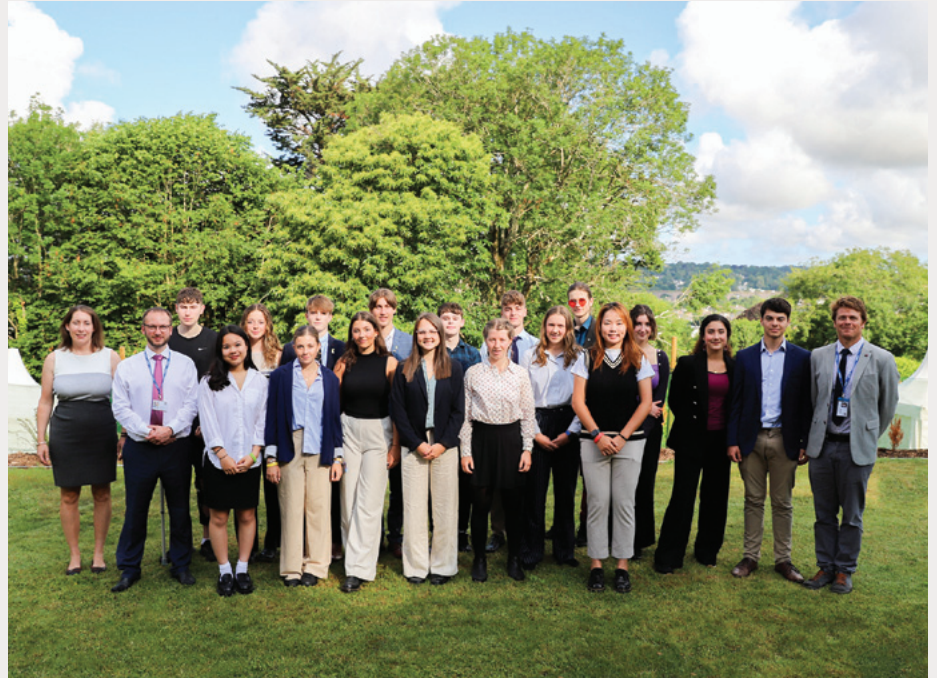
The programme is designed to prepare you for the journey ahead and gives you a firm understanding of the common threats and challenges that you may face.

Students also get to take part in our Post 18 Options Days where you will get the opportunity to meet a range of entrepreneurs and high-profile visitors from leading businesses and universities. With a multitude of talks and seminars going on at the same time, you can dip into the sessions that interest you specifically, gaining first-hand insight from those at the top.





AA



LEADERSHIP

Truro School has a strong tradition of leadership and responsibility and all students are given the opportunity to nurture and develop active leadership skills during the Sixth Form.

PREFECT SYSTEM

Whether serving as school prefects, head of houses, team captains or representing their peers through the democratically elected Sixth Form Association, we expect students to become positive leaders to their peers and make an important contribution to the life of the school.

COMMITTEES AND EVENTS

Many students take part in events that nurture and develop leadership skills such as the Mock Council of Europe, Model United Nations, Debating

Competitions, World Challenge and Ten Tors. In addition, students are encouraged to join the Charity and Sustainability Committees who help organise events, initiate change and exercise their student voice.

ACHE

ACHE stands for Advice, Care, Help and Empathy. It's a programme that sees Sixth Form students develop the skills and experience needed to listen to others and to offer compassion in times of need. A key feature of the ACHE training programme is putting what you learn into practice. As you move into the Upper Sixth, you will take on the responsibility of running the peer-mentoring drop-in sessions, working with the younger members of our school community.



DIPLOMA **ASPIRE**





We know each and every one of you is unique, and the bespoke framework offers both breadth and flexibility to support and develop each personalised pathway. Within the framework there are opportunities to...

EXPLORE

dynamic & inspiring opportunities

BE SUPPORTED

on your bespoke journey

BUILD & DEVELOP

a bank of evidenced activities

BE CURIOUS

Enjoy discovering and developing your knowledge and understanding through dynamic and inspiring opportunities

BE COMPASSIONATE

Through our Diploma, you will be given opportunities to understand and to champion the needs of others, to lead and to serve, with compassion

BE COURAGEOUS

With electives in personal growth, the Sixth Form Diploma will guide you to become the very best of who you are, examining and discovering your own beliefs to bravely guide you into your future

BE CREATIVE

Search for new ideas and shape your future in a sustainable manner

BE CONFIDENT

Explore intellectual and wider challenges and build resilience by learning from both success and failure alike

NEXT STEPS

FIND OUT MORE:

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