

3 MAY 2024: TRURO SCHOOL NEWS AND UPDATES



Dear Parents, Guardians, Carers,

Today marked an important stage in our 5th Year pupils' educational journey, with their final day before beginning study leave for their GCSE examinations. This was marked with a year group photograph on the Terraces and a Celebration Service in the Chapel led by Rev Helen this afternoon. Next week, it will be the turn of our Upper Sixth as they begin their exam period.

Our 5th Year is a wonderful year group who have given, and continue to give so much to the School in both their academic and co-curricular endeavours. They are fine role models for our younger pupils and we wish them every success in their exams and whatever comes next. It was a pleasure to speak to them all on Thursday morning at the final year group assembly to thank them for their immense contribution to the School.

With it being exam season, I thought I would share some useful tips for all of our pupils navigating exams and assessments this term, whether public exams or internal assessments.

Sleep – clearly this is crucial for wellbeing, focus and energy. Aim for 8 hours of sleep each night. Avoiding study, emails and screens after 10pm helps with this.

Exercise – going for a walk, running, playing some team sport. Pupils are often surprised how much keeping active helps you feel good and reduces anxiety. Physical movement boosts the ability to learn.

Diet – avoid energy drinks and too much caffeine, and try to eat three healthy meals a day.

Notice "self-talk" - be mindful of things you say to yourself as you prepare for exams. Identify and challenge any negative thoughts and try to develop self-talk that is optimistic and on your side.

"Chunking" revision – working in shorter bursts with regular breaks often works better than slogging for hours. 50-minute sessions broken up with rest work well.

Vary, repeat and build – with exam revision, start simple and build up to more complicated topics. Acknowledge and celebrate progress by making topic lists and ticking them off.

Socialising – reach out to others for help and offer help to others if you can. Remember that competition in exams is with yourself and not others. Respect each other's right to work.

Keep in contact – stay in regular contact with friends during exam season for encouragement and motivation as well as to blow off steam. Make time to talk about things other than exams and share your successes and setbacks.

These are just a handful of tips that I have found useful in supporting pupils through exams – no doubt there are many more pearls of wisdom that you will know of at home. Good luck to one and all.

I wish you all a happy and restful Bank Holiday weekend.

Mr Rob Murphy
Deputy Head (Academic)



5th Year and Upper Sixth photos taking place on the Terrace

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Saturday 4 May

13:45 CIMCF Festival Competition
Truro Cathedral

Sunday 5 May

19:00 CIMCF Festival Gala Concert
Truro Methodist Church

Monday 6 May

Early May Bank Holiday

Tuesday 7 May

WEEK A

CHARITY WEEK 2L

5th Year Study Leave Commences

08:00 - 16:00 Athletics ESAA Boys
Track and Field, Carn Brea

08:45 - 17:00 Lower Sixth Geology
Rinsey Cove

09:00 Senior Prefect Application
Deadline

10:00 Cricket Fixtures
Girls-U15A vs Cornwall Cricket Festival

14:05 - 15:50 1st Year House Swim
Gala

16:30 -17:30 Enrichment Concert
Chapel

Wednesday 8 May

08:00 - 16:00 Athletics ESAA Girls
Track and Field, Carn Brea

14:00 - 17:00: Mandatory Ten Tors
Army Safety Briefing Rm 82/83

14:15 Cricket Fixtures
Girls-U12A vs Truro School

15:00 Cricket
Boys-U14A vs Penair School

15:30 Cricket
Boys-U12A vs Penryn College

tbc Golf Fixtures
Mixed-U18A vs Cornwall Team Event

Thursday 9 May

LAMDA Exams
Burrell Theatre

GCSE, iGCSE, GCE A-Level Exams

Off-Site: Lower Sixth Leiths' Students
London

12:30 Cricket Fixtures
Boys-U15A vs Marlborough College

19:30 - 20:30 Prefect Leavers' Dinner
Sixth Form Cafe

Friday 10 May

GCSE, iGCSE, GCE A-Level Exams

Off-Site: Lower Sixth Leiths' Students
London

Ten Tors Expedition

18:00 Sports Gala Dinner
The Alverton, Truro

Saturday 11 May

Ten Tors Expedition

LAMDA Exams
Burrell Theatre

Cornwall Schools Combined Events
Championships & Trials

11:00 Cricket Fixtures
Postponed Boys-U15A vs Mount Kelly
Boys-U13A vs Mount Kelly
Girls-U13A vs Mount Kelly

Sunday 12 May

Ten Tors Expedition

LAMDA Exams
Burrell Theatre

Monday 13 May

WEEK B

CHARITY WEEK 2M

GCSE, iGCSE, GCE A-Level
Examinations

Upper Sixth Study Leave Commences

Tuesday 14 May

External GCSE, iGCSE, GCE A-Level

Immunisations (Kernow Health)

10:00 Cricket Fixtures
Girls-U13A vs Grampond Road CC Festival

11:00 - 14:30 Fowey Festival of Arts
St Finbarrus Church, Fowey

16:00 Cricket Fixtures
Boys-U14A vs Penryn College

Wednesday 15 May

External GCSE, iGCSE, GCE A-Level

09:00 Tennis Fixtures
Boys-U13A vs tbc
Girls-U13A vs Newquay Tretherras

15:00 Cricket Fixtures
Girls-U15A vs Penryn College
Boys-U13A vs Penair School
Boys-U12A vs Penair School

15:30 Cricket Fixtures
Boys-U15A vs Penair School

Thursday, 16 May

External GCSE, iGCSE, GCE A-Level

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Friday, 17 May

External GCSE, iGCSE, GCE A-Level

Duke of Edinburgh Bronze Award
Practice Expedition

08:50 - 15:50 Cornwall Mining
Games (Pre-Event)

12:00 Music: ABRSM Summer
Practical Exams Entry Deadline

Saturday 18 May

Duke of Edinburgh Bronze Award
Practice Expedition

Sunday 19 May

Duke of Edinburgh Bronze Award
Practice Expedition

Monday 20 May

WEEK A

CHARITY WEEK 1G

External GCSE, iGCSE, GCE A-Level

Internal Assessment Week (4th Year
& Lower Sixth only)

Tuesday 21 May

External GCSE, iGCSE, GCE A-Level

Internal Assessment Week (4th Year
& Lower Sixth only)

Wednesday 22 May

External GCSE, iGCSE, GCE A-Level

Internal Assessment Week (4th Year
& Lower Sixth only)

Thursday 23 May

External GCSE, iGCSE, GCE A-Level

Internal Assessment Week (4th Year
& Lower Sixth only)

Friday 24 May

External GCSE, iGCSE, GCE A-Level

Internal Assessment Week (4th Year
& Lower Sixth only)

18:00 Boarding Houses Close

Clubs and Activities

This Term's Clubs and Activities can be viewed at the back of this Bulletin or here > <https://www.truroschoo.com/senior-school/co-curricular/this-terms-schedule/>

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Exploring Methodist History

Gwennap Pit, a hidden gem with a rich historical background, was once praised by John Wesley as "the most magnificent spectacle this side of heaven." Over the weekend, 23 of our boarders, accompanied by Reverend Helen, explored this remarkable piece of Methodist history. Originally formed by a collapsed mine shaft, this conical pit was transformed in the 1700s into an open-air amphitheatre for sermons attended by the local mining community. With its quaint little church and amphitheatre seating 1500, it continues to host Methodist services, preserving its iconic status in Methodist history. Special thanks to local experts Tony and Jenny for their insightful discussions about the site and for awarding certificates to those who undertook the one-mile walking challenge around the pit's tiers. It was a beautifully serene place for our boarders to spend a sunny afternoon.

ACHE Ambassadors Celebrate

One of our biggest cohorts of ACHE counsellors to date gathered to celebrate the completion of their training to become peer mentors. ACHE, which stands for Advice, Care, Help and Empathy, is a programme designed to promote the skills and experience needed to support others in times of need through mentorship, listening and compassion.

Fifty Lower Sixth students have completed the five-month programme, which requires attendance at weekly hour-long sessions, led by members of the Truro School staff and external speakers. Our guest speaker at the celebration event was Amy Buzza-Blackwell (CO08), Philanthropy Director at Cornwall Community Foundation, and former pupil.

We would like to congratulate all our amazing ACHE counsellors and thank the staff who helped to support them on their journey so far and who helped to make the evening so special. <https://www.truroschoo.com/parents/news-galleries/>



Colours for Outdoor Pursuits

School Colours have been awarded to pupils who have contributed significantly to Outdoor Pursuits in 2022 and 2023.

Mr Aston regaled some fabulous anecdotes from their excursions and praised all individuals who have shown considerable dedication in preparation for their Ten Tors events, each requiring a minimum of 10 training walks for their 35, 45, and 55-mile challenges. All were recognised for their courage, compassion, determination and fantastic teamwork.

Congratulations to everyone who received their colours and good luck to those teams who are busy planning and training for the next Ten Tors event in May.

<https://www.truroschoo.com/parents/news-galleries/>

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5th Years Recognised

5th Years gathered for their Head of Year Assembly where Mr Murphy thanked all pupils for being a wonderful year group, for their outstanding efforts throughout the year and for giving so much to the school.

The Top 10 Merits were announced, with William W securing 3rd place, Charlie S in 2nd place, and Miles T receiving the top merit award with a total of 73 merits. Additionally, Mr. Sanderson recognised the significant sporting achievements of this year group in representing Truro School and awarded Sports Colours to sixty-five pupils who have excelled across many sports disciplines.

Congratulations to all our 5th Years and we look forward to your End of Year Celebration Service in the Chapel on Friday.



A Choral Treat at Truro School

The Chapel was filled with wondrous sounds as Truro School hosted the phenomenal Svanholm Singers. The group is visiting Cornwall from Sweden for the 2024 Cornwall International Male Choral Festival (CIMCF).

Our lucky 1st Years were joined by pupils from other local schools for a community outreach workshop (supported by Cornwall Music Service Trust, CMST), organised by Gareth Churcher and Angela Renshaw.

We were proud to have been a part of this programme to immerse young people in music-making from other cultures and would like to thank Gareth, Angela, Josh and the Svanholm Singers for bringing this event to life. <https://www.truroschoo.com/parents/news-galleries/>

LAMDA Showcase Wows Audience

Friends and families gathered at the Burrell Theatre for an evening of outstanding performances by this year's LAMDA (London Academy of Music and Dramatic Art) pupils. The showcase featured a variety of acting monologue and duologue pieces, showcasing the talent and dedication of pupils and students preparing for exams ranging from Grade 2 to Grade 8.

The audience was treated to a superb display of acting prowess as each pupil delivered their pieces with skill and confidence. LAMDA exams not only help pupils develop their acting abilities but also improve communication skills, boost confidence, and enhance overall performance abilities.

Congratulations to all the talented performers and a special thanks to Claire Rawlinson, LAMDA teacher at Truro School. As the pupils gear up for their upcoming LAMDA exams, we wish them all the best of luck in their continued success. <https://www.truroschoo.com/parents/news-galleries/>



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Surrealist Puppet Making

Puppetry dates back many thousands of years and is a very ancient form of theatre and story telling used to entertain, educate and enlighten people of all ages. So a group of our 2nd Year pupils were excited to go off-site to participate in a puppet-making workshop with local artist Chris Nixon.

Their brief was to create some 'fantastical puppets' as part of a project run by the Combined Truro Schools Art Project. All pupils rose to this creative challenge, which saw them using papier-mâché and paint to bring to life surreal designs from their own imaginations. Mr Brett commended these 2nd Year pupils for their approach to this creative challenge and for representing Truro School in this fun, collaborative initiative.



WAA Shine on School Grounds

The school grounds were filled with a delightful atmosphere as pupils were out in the sunshine, enjoying their chosen Wednesday afternoon activities. The athletics group dedicated their time to practising their high jump and track skills in anticipation of the upcoming summer athletics season.

Meanwhile, the tennis courts buzzed with activity as players practised their serves and volleys, and the 1st Year cricketers enjoyed a friendly match on the astro. Meanwhile, three buses of pupils went off to the beach and reported some excellent surfing conditions on the North Coast. Closer to home, members of the WAA photography club were out practising their skills and learning about macro images.

Ten Tors Final Training

Four teams spent the weekend on Dartmoor for the final training weekend before the Ten Tors Expedition in May. Three teams are in training for the 35 miles and one team for the 45 miles.

They faced the usual Dartmoor weather challenges of three seasons-in-one-day, with Mr Aston reporting they navigated flawlessly in dense fog. Each team wild camped for one night and achieved around 1,000m height, encompassing some favourite and some not-so-favoured tor climbs. Congratulations to all teams on a fabulous training weekend.



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Green Light for Music Project

Following an exceptional school concert at the Hall for Cornwall last week, we are thrilled to provide an update on the Music Project.

Planning permission has now been granted for the creation of the School's new music centre and refurbished multi-use hall, fostering musical participation, excellence, and inclusion within the school and the wider community. Scheduled for completion at the start of 2026, the project will offer state-of-the-art facilities for pupils, the Truro community, and beyond. The project also paves the way for improved pupil wellbeing.

Drawing upon the principles of regenerative design, the architecture will make the most of the existing structures on site by retrofitting the Assembly Hall. Internally, natural materials, excellent levels of daylight and a mixed-mode ventilation strategy will combine to create a positive and successful teaching environment.



Demolition Work Begins

Work on the Music Project will commence over the next few weeks. On Wednesday, fencing was erected around the old transport yard in front of the Assembly Hall in readiness for the demolition of the old squash courts and outdoor pursuits office.

The Art and DT areas will be operating as normal, with pupils accessing the buildings via the steps from the Burrell Theatre. Clear guidance will be provided to pupils regarding access during this time. Epworth Court is now open and operating as the new Minibus Parking area, with temporary offices for the Facilities and Transport teams housed there.

A huge thank you to all the teams involved in ensuring a successful planning journey and we look forward to sharing before and after images of the demolition work.

1st Year Cricket v Prep

Two teams of Year 6's travelled to the Senior School this week for a friendly cricket match against our 1st Years. Played on the Astro, the game was a fun learning opportunity for our younger pupils as they transitioned from softball to hardball. The game allowed them to test and hone their cricketing skills and get to grips with wearing the full kit.

It was also a fantastic opportunity for our Year 6 pupils to catch up with their older peers, share school stories and explore the Senior School site again before they move up in September.

Thanks to all of the staff, parents and grandparents from both years who came along to support the pupils and enjoy our beautiful facilities in the Spring sunshine.



Financially motivated sexual extortion

You may have seen media coverage this week of the National Crime Agency's decision to provide all schools with specific guidance on the dangers of sextortion for them to share with pupils, parents, guardians and carers. All schools in the UK have recently been sent information from the National Crime Agency, raising awareness of the recent rise in reporting of financially motivated sexual extortion (a type of online blackmail often known in the media as 'sextortion'). Children and young people worldwide are being targeted.

This type of crime involves an adult offender (often from an organised crime group based overseas) threatening to release nude or semi-nude images and/or videos of a child or young person, unless they pay money, or meet another financial demand, such as purchasing a pre-paid gift card.

Victims of any age and gender can be targets, however a large proportion of cases have involved male victims aged 14-18.

A child or young person is never to blame if they have been a victim. Offenders will have tricked, groomed and/or manipulated them into sharing an image.

Find out more about online blackmail on CEOP Education's parents and carers [website](#).

Talking to your child

It's important to have frequent, open and non-judgemental conversations with your child about relationships, sex and being online to build trust and support them if something goes wrong. Financially motivated sexual extortion should be included in those conversations. Here are some tips about how to approach this:

- **Chat regularly about their life online:** have ongoing conversations with them about their life and time online. Continue to take an interest as they grow, explore new apps and sites together and talk in a balanced way, considering the benefits and the potential harms.
- **Talk about where to find information about relationships and sex:** organisations like [CEOP Education](#), [Childline](#) and [Brook](#) have age- appropriate advice topics such as sexual communication and image sharing. This will help your child to understand what unhealthy relationships look like, such as applying pressure and blackmail; and give them trusted sources of information to explore these topics.
- **Review privacy settings:** talk to your child about the importance of using privacy settings on their accounts to restrict who can contact them. [Read CEOP Education's advice on how to talk your child about their privacy settings](#).
- **Make sure they know where to go for support:** let them know that they can come to you with any concerns and won't be judged. It's also important to make them aware of other trusted adults or sources of support, if they feel they can't talk to you, such as Childline.
- **Make sure they know where to report:** remind your child how you can help them to report an incident to the police or using the CEOP Safety Centre. Let them know that if a nude or semi-nude of them has been shared without their consent, they can take these 3 steps to try and get them removed:

Financially motivated sexual extortion

1. Use [Report Remove](#), a tool from Childline and the Internet Watch Foundation. Your child can use this to remove images that have been shared or might be shared.
2. Use [Take It Down](#), a tool from the National Center for Missing and Exploited Children. Your child can use this to remove or stop the online sharing of images or videos.
3. Report directly to the platform or app that the incident has occurred on. For advice on how to report to major social media platforms, [visit Internet Matters](#).

To learn more about what resources are available to help you support your child, visit the [UK Safer Internet Centre](#).

What can I do if this has happened to my child?

If your child tells you that someone is trying to trick, threaten or blackmail them online:

- **Don't pay, do stop contact and block:** you may be tempted to pay, but there is no guarantee that this will stop the threats. As the offender's motive is to get money, once you have shown you can pay, they will likely ask for more and blackmail may continue. If you have paid, don't panic but don't pay anything more. Help your child to stop all communication with the offender and block them on any accounts that they have been contacted on.
- **Avoid deleting anything:** try not to delete anything that could be used as evidence such as messages, images and bank account details.
- **Report to the police or CEOP:** call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the [CEOP Safety Centre](#) to report any online blackmail attempts.

If it has already happened and your child has shared an image and sent money to someone exploiting them:

- **Reassure them that they've done the right thing by telling you:** make sure they know they are not to blame for what has happened and they have done the right thing to ask for your help.

Children and young people's mental health may be negatively impacted by experiences of exploitation; [you can find advice on looking after your child's mental health from the NHS](#).

- **Report to the police or CEOP:** call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the CEOP Safety Centre to report an incident. If your child is 18 and over, call 101 or 999 if they are at risk of immediate harm.
- **Report any images or videos that have been shared:** help your child to remove images that are online or prevent images being shared online by following these three steps:
 1. Use [Report Remove](#), a tool from Childline and the Internet Watch Foundation. Your child can use this to remove images that have been shared or might be shared.
 2. Use [Take It Down](#), a tool from the National Center for Missing and Exploited Children. Your child can use this to remove or stop the online sharing of images or videos.
 3. Report directly to the platform or app that the incident has occurred on. For advice on how to report to major social media platforms, [visit Internet Matters](#).



Second
Hand
Uniform
Bring & Buy

Parent Coffee Morning

Friday 7 June

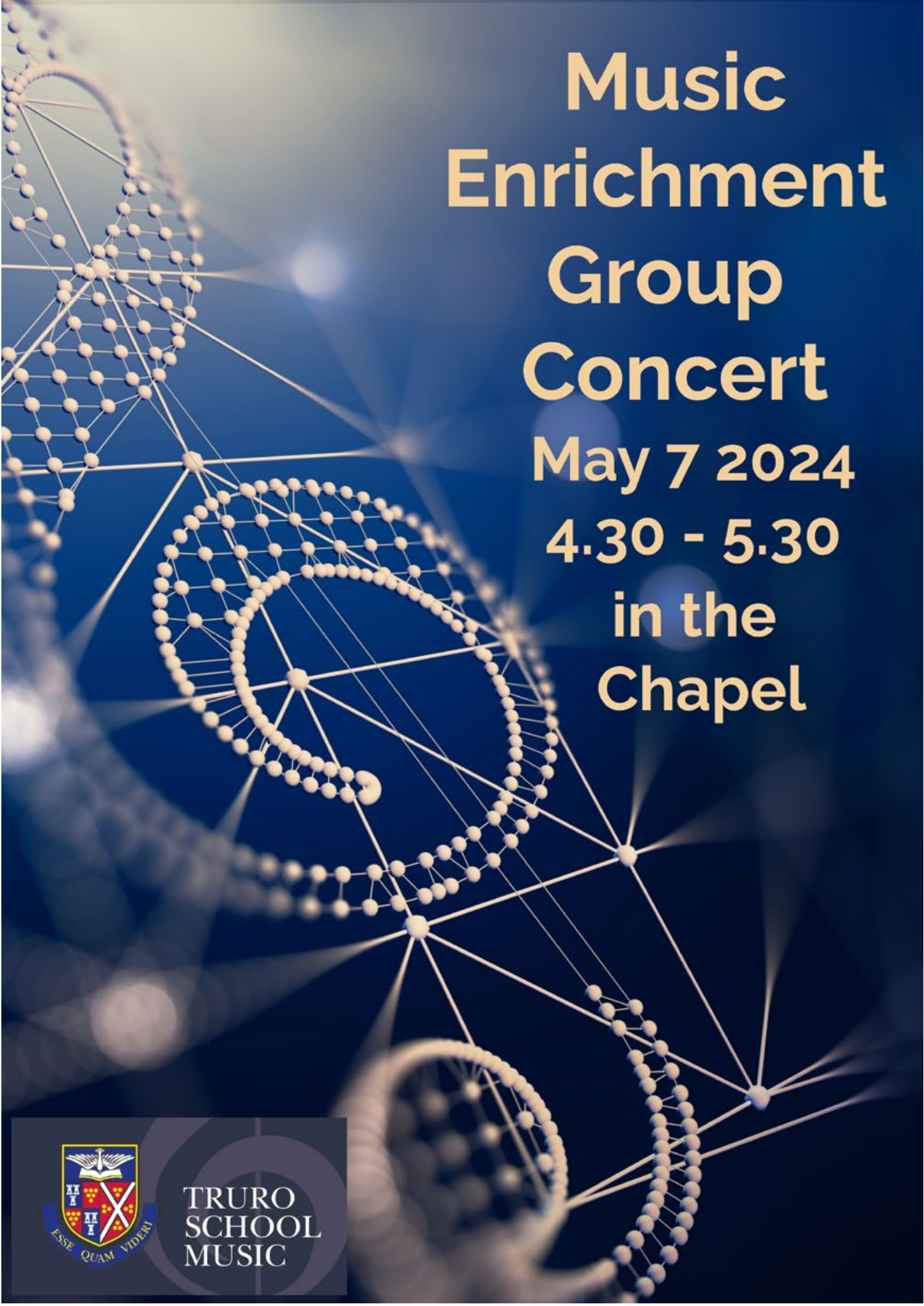
Please join us in the Truro School Cafe (by the SBA) after drop-off for an informal catch-up with parents from across the Senior School.

There will also be a Bring & Buy Uniform Sale.

Old and new faces welcome.



**TRURO
SCHOOL**



**Music
Enrichment
Group
Concert
May 7 2024
4.30 - 5.30
in the
Chapel**



**TRURO
SCHOOL
MUSIC**



MAY HALF TERM

MULTI SPORT ACTIVITY CAMP

28TH - 31ST MAY

SWIMMING, GAMES
YOGA, MULTI SPORTS,
AND MUCH MORE!

SIRBENAINSLIESPORTSCENTRE.COM

£32
per child
per day



GOLDEN AGE
PRODUCTIONS

23.05

19:30

Doors open at 19:00
Truro School Chapel
£15-£25

PAVEL TIMOFEYEVSKY

International Concert Pianist & Raconteur
making his Cornwall Debut

“EVOLUTION OF EXPRESSION” CONCERT-TALK



Join virtuoso pianist Pavel Timofeyevsky as he traces the fascinating changes of musical language and styles throughout the 19th century and into early 20th century. From late classical era to modernism and the groundbreaking fusion of classical music and jazz.

Music by Beethoven, Chopin, Liszt, Scriabin, Debussy, Ravel,
Rachmaninoff and Gershwin.

Co-Curricular Clubs and Activities Summer Term 2024

Time	Club/Activity	Venue	Staff	Year Group(s)
MONDAY				
Before school club (7am-9am)	Tennis (invite only)	SBA	SA	Invite only
Before school club (8am-8.50am)	Girl Choristers	M1	JAB	Invite only
Lunch club 1 (1pm-1.30pm)	Diversity Club	Room 87	AHH	All Years
Lunch club 1 (1pm-1.30pm)	Computing Club	C0	WMV	All Years
Lunch club 1 (1pm-1.30pm)	Fitness Suite	Gym	BDH	All Years
Lunch club 1 (1pm-1.30pm)	Athletics (track)	Fields	SMO	All Years
Lunch club 1 (1pm-1.30pm)	Metafit	SBA	JES	All Years (Girls only)
Lunch club 1 (1pm-1.40pm)	Social Football	Astro	DJS	5th Year & Sixth Form (must have trainers)
Lunch club 1 (1pm-1.30pm)	B Natural Pop Choir	M1	SJW	1st - 3rd Year Girls
Lunch club 1 (1pm-1.30pm)	Vocal Ensemble	M4	HM	4th, 5th Year & Sixth Form - Invite Only
Lunch club 1 (1pm-1.50pm)	Magic: The Gathering	Room 63	RL	All Years (by invitation)
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	C3	JDB and ARO	All Years
Lunch club 2 (1.30pm-2pm)	Logic Puzzle Club	Room 19	IAC	1st, 2nd & 3rd Year
Lunch club 2 (1.30pm-2pm)	Origami Club	Computer Room 1 (DT)	KED	1st, 2nd & 3rd Year
After school club (4pm-5pm)	Junior Drama Club	Room 51/Burrell	HAH	1st, 2nd & 3rd Year
After school club (4pm-5pm)	Art Drop-In	A3	GDR	All Years
After school club (4pm-5pm)	Senior Drama Club	Room 51/Burrell	BTO	4th, 5th & Sixth Form
After school club (4pm-5pm)	Cricket	SBA/Fields	Cricket staff	3rd & 1st XI
After school club (4pm-5pm)	Golf	Fields	All Years	GDH
After school club (4pm-5pm)	Fitness Suite	Gym	All Years	SBA Staff
After school club (4pm-5pm)	Girls Football	Fields	1st to 3rd Years	RYS
After school club (4pm-5pm)	Rounders	Top Fields	4th Years	SEM
After school club (4pm-5pm)	Swimming	Pool	All Years	KC
After school club (4pm-5pm)	High Performance Fencing (by invitation)	Fencing Centre	All Years	LRJ
After school club (4pm-5pm)	Running club	Fields (meet by green container)	All Years	GJC
After school club (4pm-5.30pm)	Summer Street Food Cookery	Cookery School	ALR and TMP	1st & 2nd Year
After school club (5pm-6pm)	Badminton	SBA	NJS	Team Players (invite only)
TUESDAY				
Before school club (7am-8.00am)	Swimming (invite only)	Swimming Pool	JR	All years
Before school club (8am-8.50am)	Girl Choristers	M1	JAB	Invite only
Before school club (8.10am-8.40am)	Boys Barbershop	M6	PJT	All Years
Before school club (8.10am-8.40am)	Percussion Group	Percussion Hut	SW	All Years
Lunch club (1.00pm-2pm)	Dungeons & Dragons	Room 62	RL	1st-4th Year
Lunch club 1 (1pm-1.30pm)	Computing Club	C0	WMV	All Years
Lunch club 1 (1pm-1.30pm)	Fitness Suite	Gym	BDH	All Years
Lunch club 1 (1pm-1.30pm)	Athletics (jumps and throws)	Fields	SMO	All Years
Lunch club 1 (1pm-1.30pm)	Chamber Choir	Chapel	JAB	Invite only
Lunch club 1 (1pm-1.30pm)	Junior Band	M1	RTO	1st, 2nd & 3rd Year
Lunch club 1 (1pm-1.30pm)	Linguistic Olympiad - preparation for competition	65	IQ	1st - 5th Years
Lunch club 1 (1pm-1.40pm)	House Football	Astro	RYS/LAM	1st & 2nd Years
Lunch club 2 (1.30pm-2pm)	Samba Band	Percussion Hut	SW	All Years
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	C3	JDB	All Years
Lunch club 2 (1.30pm-2pm)	Walk and Talk with Bumble	Learning Support	AKH/CAW	All years
Lunch club 2 (1.30pm-2pm)	Electronics Club	Electronics room 12A	RMW/ALL	All Years
Lunch club 2 (1.30pm-2pm)	French Enrichment Speaking Club	61	CLB and CMM	All years
After school club (4pm-5pm)	Maths Enrichment Club	Room 6	MED and HA	Sixth Form
After school club (4pm-5pm)	Art Drop-In	A3	GDR	All Years
After school club (4pm-5pm)	Fitness Suite (Girls only)	Gym	SBA Staff	All Years
After school club (4pm-5pm)	Judo	SBA	RJP	All Years
After school club (4pm-5pm)	Fencing	Fencing Centre	Balazs Kurucz	1st & 2nd Year
After school club (4pm-5pm)	Cricket	SBA/Fields	Cricket staff	1st, 2nd & 4th Year
After school club (4pm-5pm)	Basketball	SBA	Dom Sibly	1st, 2nd & 3rd Year
After school club (4pm-5pm)	Rounders	Top Fields	EBI/SJN/VCO/CDA	1st, 2nd & 3rd Year
After school club (4pm-5pm)	Music Theory	M8	RMV	All Years - beginners to grade 5
After school club (4pm-5pm)	Wind Band	M1	AP/RB	All Years
After school club (4pm-5pm)	Junior Strings	M8	SJW	All Years
After school club (4pm-5pm)	Beginners Fencing	Fencing Centre	LRJ	1st-3rd Year
After school club (4pm-5pm)	Physics Enrichment	Room 10	ALL	All years
After school club (4pm-6pm)	Squash	SBA squash courts	TCS	All Years
After school club (4pm-6pm)	High Performance Fencing (by invitation)	Fencing Centre	LRJ	All Years
After school club (4pm-5.30pm)	Summer Kitchen cookery	Cookery School	ALR and TMO	2nd & 3rd Year
After school club (4.15pm- 5pm)	Dance - IDTA Ballet Grade 3/4	Burrell Theatre	BTO/Cornwall Dance	All Years (Pre sign up required)
After school club (5pm-5.45pm)	Dance - IDTA Contemporary/Modern/Jazz Grade 3	Burrell Theatre	BTO/Cornwall Dance	All Years (Pre sign up required)
After school club (5pm-6pm)	Basketball	SBA	Dom Sibly	4th, 5th & Sixth Form
After school club (5.45pm-6.30pm)	Dance - IDTA Ballet Grade 5	Burrell Theatre	BTO/Cornwall Dance	All Years (Pre sign up required)
After school club (6.30pm-7.15pm)	Dance - IDTA Contemporary/Modern/Jazz Grade 5	Burrell Theatre	BTO/Cornwall Dance	All Years (Pre sign up required)
WEDNESDAY				
Before school club (7am-8am)	Swimming	Swimming Pool	KC	All Year
Before school club (8am-8.50am)	Girl Choristers	M1	JAB	Invite Only
Before school club (8.15am-8.45am)	Rock Band	Percussion Hut	TH	2nd Year (Invite only)
Lunch club 1 (1pm-1.30pm)	Book Club	Junior section of the library	JEH	1st-3rd Year
Lunch club 2 (1.30pm-2pm)	KS3 Maths Challenge Club	Room 17	JBN	1st-3rd Year
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	C3	JDB SNE	All Years
Lunch club 2 (1.30pm-2pm)	Meditation and Mindfulness	20	ARO	5th and Sixth Form
After school club (4pm-5pm)	Netball - WSG (squads)	SBA	EBI/SMO/SJN	2nd & 4th Year
After school club (4pm-5pm)	Fitness Suite	Gym	SBA Staff	All Years
After school club (4pm-5pm)	Chess	Room 10	Mr Menadue	All Years
After school club (4pm-5pm)	Art Drop-In	A3	GDR	All Years
After school club (4pm-6pm)	Wargaming	Room 53	MHS	All Years
After school club (4pm-6pm)	High Performance Fencing (by invitation)	Fencing Centre	LRJ	All Years

THURSDAY				
Before school club (8am-8.50am)	Girl Choristers	M1	JAB	Invite Only
Before school club (8.15am-8.45am)	Saxophone Ensemble	M11	RB	All Years
Before school club (8.15am-8.45am)	Chamber Orchestra	Chapel	RTO	Invite only
Breaktime (10.50am-11.10am)	Community Action Team (Charity Team)	Room 55	NSK/HA	All Years
Lunch club 1 (1pm-1.30pm)	Computing Club	C0	WMV	All Years
Lunch club 1 (1pm-1.30pm)	Metafit	SBA	JES	All Years
Lunch club 1 (1pm-1.30pm)	Fitness Suite	Gym	BDH	All Years
Lunch club 1 (1pm-1.30pm)	Basketball	SBA	DAS	3rd Year
Lunch club 1 (1pm-1.30pm)	Early Music Group	M8	SJW	All Years
Lunch club 1 (1pm-1.30pm)	Jazz Orchestra	M1	MH	All Years
Lunch club 2 (1.30pm-2pm)	GCSE Computer Science Programming Support	C1	ALO	4th & 5th Year
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	C3	JDB, IAC	All Years
Lunch club 2 (1.30pm-2pm)	Careers Clinic	Room 55	NSK	Sixth Form
Lunch club 2 (1.30pm-2pm)	Geology Practical Skills Club	R8	JHO	5th & Sixth Form
Lunch club 2 (1.30pm-2pm)	Geology Math Skills	R7	RAB	5th & Sixth Form
Lunch club 2 (1.30pm-2pm)	Volleyball	SBA	CDA	1st, 2nd & 3rd Year
Lunch club 2 (1.30pm-2pm)	Cinema Club - An exciting series to watch in French!	61	CLB	All Years
After school club (4pm-5pm)	Maths Enrichment Club	Room 6	JBN and ARO(A)/SNE(B)	Sixth Form
After school club (4pm-5pm)	DT Workshop Skills (Week A only)	DT4	KED	1st-3rd Year
After school club (4pm-5pm)	Swimming	Swimming Pool	KC	All Years
After school club (4pm-5pm)	Rugby	Fields	GCW & TME	2nd Year
After school club (4pm-5pm)	Tennis (Beginners)	Outdoor Courts	EB/SJN	All Years
After school club (4pm-5pm)	Fitness Suite	SBA	SBA Staff	All Years
After school club (4pm-5pm)	Cricket (Girls Only)	Fields	PWW/GB	U13 & U15
After school club (4pm-5pm)	Symphony Orchestra	M1	GC	All Years (Grade 5 and above)
After school club (4pm-6pm)	Squash	SBA Squash Courts	TCS	All Years
After school club (4pm-6pm)	High Performance Fencing (by invitation)	Fencing Centre	LRJ	All Years
FRIDAY				
Before school club (7am-8am)	Swimming	Swimming Pool	EB/KC	All Years
Before school club (7.30am-8.30am)	Tennis (advanced)	SBA	SA	Invite only
Before school club (8.15am-8.45am)	Chamber Choir	M1	RTO	Invite only
Lunch club (1pm-2pm)	Badminton	SBA	Cliff M & Christina M	1st Year
Lunch club 1 (1pm-1.30pm)	Computing Club	C0	WMV	All Years
Lunch club 1 (1pm-1.30pm)	Biodiversity Club	B2	LLU	All Years
Lunch club 1 (1pm-1.30pm)	Fitness Suite	Gym	BDH	All Years
Lunch club 2 (1.30pm-2pm)	Independent Programming in Scratch or Python	C1	ALO	All Years
Lunch club 2 (1.30pm-2pm)	Maths Enrichment Club	C3	JDB	All Years
Lunch club 2 (1.30pm-2pm)	Gardening Club	Epworth	FLT and SNE	All Years
Lunch club 2 (1.30pm-2pm)	Geology Mining Games Training	R8	RAB and JHO	2nd Year
Lunch club 2 (1.30pm-2pm)	8-bit Computer Game Club	C1	ALO	All Years
Lunch club 2 (1.30pm-2pm)	German Board and Card Games	60	TMS	All Years
Lunch club 2 (1.30pm-2pm)	Girl Choristers	M1	JAB	All Years
After school club (4pm-5pm)	Chess	Room 10	Mr Menadue	All Years
After school club (4pm-5pm)	Dance	SBA	Lisa McNally	All Years
After school club (4pm-5pm)	Fitness Suite	Gym	SBA Staff	All Years
After school club (4pm-5pm)	Hockey	Astro	VCO	1st & 2nd Year
After school club (4pm-5pm)	Tennis (Beginners)	SBA courts/top courts	SA	All Years
After school club (4pm-6pm)	Wargaming	Room 53	MHS	All Years
After school club (4pm-6pm)	High Performance Fencing (by invitation)	Fencing Centre	LRJ	All Years
After school club (5pm-6pm)	Tennis (intermediate)	SBA courts/top courts	SA	All Years

Notes:

Lunchtime club 1 runs from 1pm-1.30pm. All pupils will then go to lunch at 1.35pm, or a teacher will pre-order and supervise the eating of packed lunches

Lunchtime club 2 runs from 1.30pm-2pm. All pupils will have lunch following the rota, or a teacher will pre-order and supervise the eating of packed lunches

There are no early lunch passes due to the volume of pupils involved in clubs.

IMPORTANT COOKERY CLUB INFORMATION: Cookery clubs on a Monday and Tuesday run from 1600 to 1730 in the cookery school. All ingredients and takeaway containers will be provided and there will be a charge of £12 per session which will be charged in arrears on the school bill. Students sign up for the whole term. To reserve a space please email cookeryclubs@truroschoo.com clearly stating the name of the pupil, year group, cookery club and importantly any special dietary allergies or requirements. Please be aware that the cookery school is not a nut free environment, and whilst recipes can sometimes be adapted we cannot ensure that the cookery school is free of nuts.

Changes from the previous clubs document published have been highlighted.

If you would like further information on any clubs please contact sportsadmin@truroschoo.com for sports clubs, music@truroschoo.com for music clubs, bto@truroschoo.com for drama and IDTA dance clubs all other club questions should be sent to co-curriculum@truroschoo.com

Clubs Expectation:

1st, 2nd & 3rd Years - 3 Clubs per week

4th & 5th Year – 2 Clubs per week

Sixth Form – 1 Club per week