

21 JUNE 2024: TRURO SCHOOL NEWS AND UPDATES



## Dear Parents and Carers,

I am fully aware that there may be a drop-off in readership of the Weekly Bulletin in response to the plethora of sporting events that litter the globe at this time of year. No doubt many of you will be tuning into Euro 2024 and supporting your various teams (thank goodness Scotland managed a draw against Switzerland - Mr Dove would have been inconsolable had they lost!). Others will be looking further afield, fixated on the ICC T20 World Cup in the USA and the Caribbean. Perhaps golf is your sport of choice and you are reeling from the dramatic finish at Pinehurst which saw Bryson DeChambeau finish just one shot ahead of Rory McIlroy. Perchance you are a tennis fan and, whilst gearing up for Wimbledon, you will be keeping an eye on the Queen's Club Championships. Maybe are you looking forward to this summer's Tour de France, the Formula 1 British Grand Prix at Silverstone, or the Paris Olympic Games this summer.

You may be interested in all or none of these events but I am certain that your attention will have been captured by this week's Pre-Prep and Prep School Sports Days. Personally, sports days are one of my favourite events of the school year. They are a time when children, staff and families come together and we have the opportunity to witness so many of the values that are central to Truro School Life.

In the first instance, there is courage; the courage to stand at the start line, to overcome one's nerves, to do one's absolute best and to push on when the body is telling you to stop. Then there is compassion, the ability to win and lose with grace, to be able to congratulate and support fellow competitors on their success when, perhaps, one is feeling disappointed with one's own performance. I could also mention attributes such as camaraderie, resilience, integrity and respect.

Of course, some will measure the event on how many races and medals they have won but for me, the key is to ensure that everyone gives their very best. Important though they are, school sports days are not the Olympic Games. For some, they may be a stepping stone to the Olympics or a career in sport, for others, they are days to be enjoyed in the company of one's friends. For some, they are experiences that are challenging to face. Once again, the key is for everyone to give their very best and to live and breathe the values outlined above. Our hope is that everyone will enjoy the experience. In the words of Billy Bowerman, an American track and field coach and co-founder of Nike Inc. "Victory is in having done your best. If you've done your best, you've won".

**FTS Summer Fayre:** The Friends of Truro School Summer Fayre takes place at the Prep School tomorrow, **Saturday 22 June from 12-3pm**. I do hope that you will be able to join us and enjoy the many stalls and events on offer. For parents who were desperate to take part during the sports days, perhaps you might unleash your 'inner athlete' on the obstacle course, the archery or the 'welly-wanging' competition!

With my thanks again and every good wish,  
Rob

## Monday 24 June - Friday 28 June 2024

Details may change; please check the online calendar for updates.

### Monday 24 June

Year 6 technical rehearsal  
Burrell Theatre all day

### Tuesday 25 June

Year 6 dress rehearsal  
Burrell Theatre all day

Year 5 Green Power Goblin Race Day  
Perranporth Airfield 8am-5pm

Year 5 Kwik Cricket  
Mount Hawke Cricket Club 9.15am-3.30pm (event  
10am-2.30pm)

Year 6 play Beauty and the Beast  
(performance 1)  
Burrell Theatre 7pm

### Wednesday 26 June

Year 6 play Beauty and the Beast  
(performance 2)  
Burrell Theatre 7pm

### Thursday 27 June

5CD Sailing  
Stithians reservoir 1.15pm-4.30pm

### Friday 28 June

FTS Coffee morning  
Dining hall 8.45am-9.30am

Barbecue lunch  
School field

## 2024

Details may change; please check the online calendar for updates.

### Monday 1 July

Meet the teacher (refreshments provided)  
5.30pm  
Prep in the Assembly hall  
Pre-Prep in the Pre-Prep Assembly hall

### Tuesday 2 July

Summer Concert  
Sports hall 2pm-3.30pm

### Wednesday 3 July

6DG Sailing sessions  
Stithians reservoir (12pm-2pm and 2pm-4pm)

### Thursday 4 July

Prep Speech Day  
Sports hall 2pm

Refreshments  
Assembly hall 3.30pm

### Friday 5 July

End of summer term

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## Year 5 Surf Trip

Our Year 5 surfers took to the waves for their annual end-of-year surf trip at Gwithian Beach. Under the guidance of Global Boarders, our pupils were given expert coaching and support to help them learn new skills and improve their surfing technique.

The day is designed to be fun for everyone; from those who are already expert surfers to those who aren't yet confident in the water. With the sun shining down on our beautiful Cornish shoreline, it was an exciting and enjoyable day, with courage, compassion and confidence shown by all.

A huge thanks to the staff and the team at Global Boarders for making this adventure possible. Please enjoy the full gallery of photos [here](#).



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## Go Goblins!

Good luck to our Greenpower Goblins Team who will be racing at Perranporth Airfield next week in the Cornwall Goblins Rally. They will be racing their Kit Car, built at Truro School Prep as a part of the Greenpower challenge that uses the excitement of motorsport to inspire young people to excel in Science, Technology, Engineering and Maths (STEM).

Our race team were practising ahead of the big event, testing out the car and their driving skills.

We will update you with how they get on next week.

## Year 3 Explore the Moor

Our Year 3 children have been exploring Daubuz Moor as a part of their humanities topic on water and rivers. Located in the centre of Truro, this area comprises six hectares of stream, flower-rich wetlands, wildflower meadows and Cornish hedges.

Putting their classroom learning into practice, they looked at the natural landscape of the moor and explored how a river meanders, discovered areas that showed erosion and deposition and looked at the plants and shapes of riverbanks.

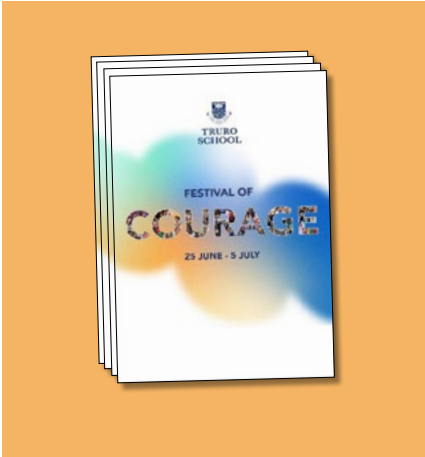
They were wonderful ambassadors for the school and many of them want to return with their families to enjoy the peace and quiet of this beautiful local area.



## Inspiring Art

Our pupils have been making the most of the sunshine and our splendid grounds to inspire them in their artwork featuring trees.

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## Festival of Courage

We are delighted to welcome you to our third annual Truro School Festival; the 2024 Festival of Courage.

Designed to celebrate our school values, this annual event first began in 2022 with the Festival of Curiosity; a value that drives us to develop knowledge and understanding through inspirational opportunities. Last year, we celebrated Compassion by looking outwards to our wider communities; in School, in Truro, throughout Cornwall and globally.

For 2024, our value is Courage; a value that drives our School Community to enjoy becoming the very best of who we are, with integrity and ambition.

This year's festival line-up brings together many of our Summer Term fixtures such as our Year 6 Play as well as a raft of one-off concerts, performances and events that are underpinned by this most inspiring of values. Bookings for ticketed events including 'Rock Night', 'Lark Rise', 'Jazz in the Afternoon' and 'Broadway Musicals Night' at the Senior School are available through the Burrell Theatre website <https://www.burrelltheatre.com/whats-on/>.

Read the festival booklet here > [https://issuu.com/truroschooldocs/festival\\_of\\_courage\\_2024\\_issuu](https://issuu.com/truroschooldocs/festival_of_courage_2024_issuu)

## Ceramic Creatures Crafted

Our Year 3 pupils have been treated to a ceramics workshop with local artist Lucy Joines. Lucy moved to Cornwall to study ceramics at Falmouth and now takes inspiration for her art from the wildlife and landscapes of Cornwall.

Our pupils have been learning how to create an ark of ceramic creatures, ranging from inquisitive foxes and rabbits to elephants and an elegant giraffe. They studied photographs of animals to inspire them and carefully crafted their clay creatures.

Once formed, each animal was meticulously painted and finished with the all-important eyes and ears to bring them to life.

Lucy will finish the animals in her studio, allowing them plenty of time to dry before they are fired and glazed. They will return to form a beautiful ark of animals to remind us to care for our wildlife and our natural surroundings.

We would like to thank Lucy for her time and experience; it was certainly a memorable and enjoyable learning experience.



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## A Crepe Success for Year 5

5SL travelled to the Senior School to visit Truro School Cookery this week, completing the last of three Modern Foreign Language (MFL) Cookery Days.

5SL has been studying French this term and so learnt to cook delicious crepes, learning the language for each of the ingredients they used in their recipes.



## National Thank A Teacher Day

Teachers and our fantastic Operational Professional and Support (OPS) staff have been thanked by parents over the last week ahead of National Thank a Teacher Day on Wednesday 19 June.

'Celebrating all of the hard work that goes on both in class and behind the scenes, we would like to thank all our wonderful teachers and wider staff body across both sites who make such a difference in our pupils' lives daily'.



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## Year 4 Camp Out

Our Year 4 pupils celebrated the end of a fantastic year at the annual camp out at Truro School Prep. With some brilliant new tents kindly donated by the Friends of Truro School (FTS), they were certainly camping in style!

The evening kicked off with some games, flag and lantern making and a delicious pizza supper before stories (and smores) around the campfire. The children also spent time making beautiful clay green men with Mrs Morse. Even the rain (and a water fight) couldn't dampen their spirits and the children showed great resilience and camaraderie as they settled down for a bedtime story with Mr Morse.

After a night in their tents, bacon baps welcomed our campers to a new day before they headed home, tired but contented.

We would like to thank all the staff involved in making this wonderful evening possible, with special thanks again to the FTS for the new kit.



## News & Information for Parents

### Family Focus

#### Understanding and Helping Your Child with Nightmares

Nightmares are a common part of childhood, affecting many children at various stages of development. These vivid, often frightening dreams can disrupt sleep and cause significant distress. As parents, it's important to understand why nightmares occur and how to help your child cope with them.

#### What Causes Nightmares?

Nightmares can be triggered by a variety of factors, including:

- Stress or anxiety: Changes in routine, family dynamics, or school pressures can contribute to nightmares.
- Exposure to scary media: Television shows, movies, or stories that are frightening can influence a child's dreams.
- Trauma or significant events: Traumatic experiences or major life changes, such as moving or the loss of a loved one, can result in nightmares.
- Imagination and development: Young children have vivid imaginations and may struggle to distinguish fantasy from reality, leading to scary dreams.

#### How to Help Your Child with Nightmares

1. Provide reassurance and comfort. When your child wakes up from a nightmare, offer immediate comfort. Hold them, speak softly, and reassure them that they are safe. Let them know that nightmares are not real and cannot hurt them.
2. Create a calm bedtime routine. Establishing a soothing pre-sleep routine can help reduce the likelihood of nightmares. This might include activities like reading a favourite book, taking a warm bath, or listening to calming music. Consistency is key in creating a sense of security.  
doctor or play therapist might be beneficial.
3. Talk about the nightmare. Encourage your child to talk about their nightmare. Discussing the dream can help them process their fears. You might help them come up with a "happy ending" to the nightmare, which can make the dream less frightening.
4. Avoid scary media. Monitor and limit your child's exposure to frightening media, especially before bedtime. Choose age-appropriate content that promotes positive and calm experiences.



## News & Information for Parents

### Family Focus continued

5. Use a nightlight. A nightlight can provide comfort and help children feel more secure in the dark. This simple measure can reduce anxiety and make it easier for them to fall back asleep after a nightmare.

6. Teach relaxation techniques. Simple relaxation techniques such as deep breathing or visualization can help your child calm down after a nightmare. Practice these techniques together during the day so they feel comfortable using them at night.

7. Address underlying stress. If your child is experiencing ongoing stress or anxiety, try to identify and address the underlying issues. Talking with your child about their worries and fears can be very helpful. In some cases, seeking guidance from a doctor or play therapist might be beneficial.

8. Ensure adequate sleep. Make sure your child is getting enough sleep for their age. Overtired children may be more prone to nightmares. A consistent sleep schedule can improve sleep quality and reduce nighttime disturbances.

9. Create a safe sleep environment. Ensure your child's bedroom is a comfortable, secure place. Familiar items like a favourite teddy, stuffed animal or blanket can provide a sense of safety and comfort.

10. Stay patient and supportive. Understand that nightmares are a normal part of childhood development. Be patient and provide ongoing support. With time and reassurance, most children will experience fewer nightmares and develop the ability to cope with them.

Some useful websites:

[www.sleepfoundation.org/nightmares/nightmares-in-children](http://www.sleepfoundation.org/nightmares/nightmares-in-children)

[www.nhs.uk/conditions/night-terrors/](http://www.nhs.uk/conditions/night-terrors/)

# Pre-Prep

## Achievements



### Our Learning This Week:

I would like to start our message with a 'well-done' to everyone who took part in Sports Day. The children worked incredibly hard to prepare for the events and they did themselves proud.

In the same vein, I would like to extend my congratulations to the Year 2 children for a fantastic assembly on Tuesday. The singing, dancing and poems were fantastic. Of course, this would not have been possible without the support of the Year 2 team and I extend my gratitude to Mrs Beveridge, Mrs Millne, Miss Bichard, Mrs Daffern and Mr MacQuarrie for their efforts and expertise. In addition to these wonderful events, the children have had a super week in their lessons. Reception studied different types of religious buildings around the world and Year 1 continued to learn about money and how and why we use it. We were also fortunate to receive a visit from a very large stick insect, which the children named 'Sticky'! Impromptu discussions followed on the topics of looking after animals and our local environment.

We hope that you have a lovely weekend and hope to see many of you at the Summer Fayre.

### Class Dojo Winners KS1

Millie  
Esma  
Tom  
Rupert  
Ernie  
Winnie

# Prep

## Achievements



### House Point Form Champions

3ME: Arthur & Harleen

3SM: Seren & Joseph

4LL: Oliver B

4SC: Samuel

5CD: Bo

5LJ: Tilda

5SL: Matilda

6AG: Edie

6DG: Sienna

6JL: Niamh

### Merit Awards

#### Bronze Merit Awards

4LL: Freya, Sienna

5LJ: Florence, Sebastian, Rupert, George, Florence

#### Silver Merit Awards

4LL: Ashleigh, Maya, Freya

### Handwriting

**Pen Licences have been awarded to the following pupils:**

3ME: Poppy

3SM: Mabel

# Prep

## Achievements



### Music

Ashleigh 4LL has passed Initial Grade piano with distinction.

Ellie 5SL has passed Grade 1 piano practical with distinction.

Albie 5SL has passed Initial Grade piano with distinction.

### Times Tables Challenge

3ME: Ella D, Harleen

3SM: Niah, Christopher, Theo, Zander, James

4LL: Harvey, Rafe

4SC: Tom, Barney, Fjola, Ethan, Arthur, Audrey

### Times Tables Rockstars

#### Times Table Rock Star of the Week

Rupert

#### Top Rock Performers

Year 3: Zander

Year 5: Rupert

### Cycling

Henry TC 3SM finished in 2nd place in the U8s category in a 4 stage race for Wheal Velocity Cycling Club.

### Football

Albie 5SL celebrated his end of season with Culdrose U8s and U9s last week.

For the age group above (U9s) he bagged the Manager's player award.



SATURDAY 22ND JUNE | 12PM TO 3PM



TRURO  
SCHOOL  
PREP



TRURO SCHOOL PREP

**SUMMER FAYRE**

# SCHEDULE OF EVENTS

- **EGG & SPOON RACES**

- 12.30PM PREP
- 1PM PRE-PREP
- 1.30PM ADULTS

- **SOAK THE TEACHER - 2PM**

- **COUNTRY FAYRE JUDGING 2.30PM**

- **FAYRE CLOSES 3PM**



JOIN US ON SATURDAY  
22ND JUNE 12-3PM

TRURO SCHOOL PREP



# COUNTRY FAYRE COMPETITIONS!

Calling all creative children to roll up and show your wares at this year's Truro School Prep Summer Fayre.

A NEW EVENT for this year, we are looking for entries into three Country Fayre categories:

- 1) **Baking Creations** - get creative in the kitchen with a delicious home bake (no nuts please!).
- 2) **Garden Creations** - make a mini garden, flower display or something you've grown.
- 3) **Lego Creations** - wow the judges with your best Lego build.

Submissions can be as creative as you like and there will be prizes for different age groups within each category.

Get creating, have fun and bring your prize-winning entries to the Truro School Prep Fayre on Saturday 22nd June.

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**TRURO SCHOOL PREP**



TRURO  
SCHOOL

FESTIVAL OF

# COURAGE

25 JUNE - 5 JULY

Rock Night, Jazz in the Afternoon  
and Musicals Night are taking place  
at the Senior School - Everyone's  
Welcome!

Truro School Presents



Thursday 27 June on the Terrace 6.30pm

Truro School bands, local secondary school groups, and  
Alumni Legends as part of the Festival of Courage



TRURO  
SCHOOL  
MUSIC

Refreshments and Bar available  
Tickets are free but please  
book in advance at  
[www.burrelltheatre.com](http://www.burrelltheatre.com)

This is an outside event which will happen regardless of the  
weather, please dress accordingly and bring blankets chairs etc.



TRURO SCHOOL PRESENTS

# BROADWAY MUSICALS NIGHT

Tickets are free but please book in advance at [www.burrelltheatre.com](http://www.burrelltheatre.com)

SATURDAY, JUNE 29

SHOW TIME 7:00PM

ON TRURO SCHOOL TERRACE

FEATURING TRURO SCHOOL BANDS,  
LOCAL SECONDARY SCHOOL GROUPS,  
& ALUMNI LEGENDS AS PART OF  
THE FESTIVAL OF COURAGE

Refreshments and Bar available

This is an outside event which will happen regardless of the weather,  
please dress accordingly and bring blankets, chairs etc.

# JAZZ

IN THE AFTERNOON

SATURDAY

29 JUNE

2.00PM

Truro School Jazz  
Orchestra and Ensembles  
as part of the Festival of  
Courage

Refreshments and Bar available



TRURO  
SCHOOL  
MUSIC

Tickets are free but please  
book in advance at  
[www.burrelltheatre.com](http://www.burrelltheatre.com)

This is an outside event which will happen regardless of the  
weather, please dress accordingly and bring blankets chairs etc.



TRURO SCHOOL PREP  
YEAR 6

PRODUCTION OF

Disney  
**BEAUTY**  
AND THE  
**BEAST** © Disney  
JR

Music by  
Alan Menken

Lyrics by  
Howard Ashman & Tim Rice

Book by  
Linda Woolverton

Originally Directed by Robert Jess Roth

Originally Produced by Disney Theatrical Productions

This amateur production is presented by arrangement with  
Music Theatre International All authorised performance  
materials are also supplied by MTI [www.mtishows.co.uk](http://www.mtishows.co.uk)



25 - 26 JUNE 2024  
BURRELL THEATRE



# ACTIVITY CAMPS

## SUMMER SCHEDULE 2024

### JULY

Wednesday 24th - Multi Sport Activity Camp  
Thursday 25th - Multi Sport Activity Camp  
Friday 26th - Multi Sport Activity Camp  
Monday 29th - Multi Sport Activity Camp, Bushcraft  
Tuesday 30th - Multi Sport Activity Camp, Bushcraft  
Wed 31st - Multi Sport Activity Camp, Art workshop

### AUGUST

Thursday 1st - Multi Sport Activity Camp, Bushcraft  
Friday 2nd - Multi Sport Activity Camp  
Monday 5th - Multi Sport Activity Camp, Bushcraft  
Tuesday 6th - Drama Workshop, Bushcraft  
Wednesday 7th - Drama Workshop, Art workshop  
Thursday 8th - Multi Sport Activity Camp  
Friday 9th - Multi Sport Activity Camp  
Monday 12th - Multi Sport Activity Camp  
Tuesday 13th - Multi Sport Activity Camp, Bushcraft, Elevate Hockey  
Wednesday 14th - Multi Sport Activity Camp  
Thursday 15th - Multi Sport Activity Camp  
Friday 16th - Multi Sport Activity Camp  
Monday 19th - Multi Sport Activity Camp  
Tuesday 20th - Multi Sport Activity Camp, Bushcraft  
Wednesday 21st - Netball Camp 7-11yrs, Multi Sport Activity Camp  
Thursday 22nd - Netball Camp 11-14yrs, Multi Sport Activity Camp  
Friday 23rd - Multi Sport Activity Camp  
Tuesday 27th - Multi Sport Activity Camp  
Wednesday 28th - Multi Sport Activity Camp  
Thursday 29th - Multi Sport Activity Camp  
Friday 30th - Multi Sport Activity Camp

### SEPTEMBER

Monday 2nd - Multi Sport Activity Camp  
Tuesday 3rd - Multi Sport Activity Camp

**BOOKINGS GO LIVE MONDAY 1ST JULY!**

SIR BEN  
AINSLIE **SPORTS**  
**CENTRE** 

[www.sirbenainsliesportscentre.com](http://www.sirbenainsliesportscentre.com)





# Pre Prep

# Wraparound

Each Monday morning the registration sign up will be cleared and then reopened for the following week's Wraparound care.

Please use this QR code or the Forms link to register for wraparound.

<https://forms.office.com/e/VZUiYbg1Ff>

