

# TRURO SCHOOL - CAREERS



TRURO SCHOOL

## AUTUMN TERM

## SPRING TERM

## SUMMER TERM

1ST YEAR

**Introducing Careers - Tutor Sessions:**  
A series of videos are shown to inform pupils about a huge range of careers.  
Pupils have the opportunity to further explore the subject using the National Careers website

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3RD YEAR

*Drop-in Careers Clinic, Thursdays 1.20-2.00pm*  
*One-to-one meetings available with NSK by request.*

**3rd Year PSHEE**  
Delivered on LMI, challenging stereotypes, GCSE option choices and Post 18 options, Employment Law. National Careers phone number given out.

**3rd Year GCSE Options Evening**

**3rd Year Inspiring Futures Careers Day** and taster sessions - Drama, Computer Science and PE lessons.  
Two workshops delivered:  
- Decision Making workshop delivered by FutureSmart Independent Careers Advisors.  
- Preparing for GCSEs delivered by NSK- advice from 5th Year students for GCSEs, career options and where to get help and advice. Oxbridge talk.

Half termly careers newsletter detailing internal and external careers events.

*Drop-in Careers Clinic, Thursdays 1.20-2.00pm*  
*One-to-one meetings available with NSK by request.*

GCSE Options one-to-one meetings with NSK by request.

**Truro School Careers Convention**  
Biennial event with keynote speaker, workshops and around 40 visiting delegates. 3rd Year and above invited, and their parents. Other Cornish schools are also invited.

Half termly careers newsletter detailing internal and external careers events.

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4TH YEAR

*Drop-in Careers Clinic, Thursdays 1.20-2.00pm*  
*One-to-one meetings available with NSK by request.*

Skills Show Wadebridge

CV writing PSHE in Computer Rooms delivered by tutors using NSK's powerpoint.

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

Half termly careers newsletter detailing internal and external careers events.

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**4th Year Careers Day**  
June, after exams, to help them prepare for Post 16 Options Three workshops:  
- University life with Exeter University and RMV,  
- Employability and Skills with NSK  
- Alternatives to A Levels /University (Apprenticeships, diplomas, T Levels and the IB) (previously with the Head).  
- Morrisby testing and feedback.  
Follow up sessions with Form Tutors the next day:  
- Launching of the PDP using UniFrog.  
- Upload Morrisby Report  
- Start work on 'Competencies'

**4th Year Parent Information Evening**  
Remote or onsite session for parents, explaining the Morrisby Report, introducing the Careers Provision at Truro School for 5th Year and Sixth Form

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

Half termly careers newsletter detailing internal and external careers events.

5TH YEAR

*Drop-in Careers Clinic, Thursdays 1.20-2.00pm*  
*One-to-one meetings available with NSK by request.*

**PSHEE** Careers lessons, two lessons to all students. Post 16 and Post 18 choices, strengths and weaknesses.

**Personal Development Plans** NSK

**Careers Talks**  
Combination of onsite business lunches and remote careers talks with Q and A. Topics to include: Physiotherapy, running a business, law, finance, creative arts, IT, Sciences, fashion, Allied Health professions. NSK

**Armed Forces:** Liaison Officer visits or remote sessions and one to one interviews in November. NSK

**Sixth Form Open Evening**

**'What Graduates Do'** booklet given to students and put on portal for parents. NSK

**Subject Breakfasts** Sixth Form Café - Informal meetings with Sixth Form Students from different subjects, and about the Medical Pathways Group and Overseas Applications. RMW

Oxbridge and Scholars Groups on Teams, updated weekly with advice, opportunities and events.

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

Medical Pathways Wednesday Evening lectures.

Half termly careers newsletter detailing internal and external careers events.

*Drop-in Careers Clinic, Thursdays 1.20-2.00pm*  
*One-to-one meetings available with NSK by request.*  
*One-to-one meetings about Post 16 Options by request.*

**PSHEE** Careers Lessons, two lessons to all students. Employability skills. PDP completed on Unifrog.

**Truro School Careers Convention**  
Biennial event with keynote speaker, workshops and around 40 visiting delegates. 3rd Year and above invited, and their parents. Other Cornish schools are also invited.

**Careers Talks**  
Combination of onsite business lunches and remote careers talks with Q and A. Topics to include: Physiotherapy, running a business, law, finance, creative arts, IT, Sciences, fashion, Allied Health professions.

**Sixth Form Taster Day**  
- Taster sessions for new subjects: Psychology, Business, Economics, Programming, PE  
- Decision Making workshop with independent careers advisor from Future Smart  
- Apprenticeship Workshop delivered by Cornwall College.  
- Applying to Oxbridge ELC  
- Applying to Medicine, Veterinary Medicine or Dentsistry.

**5th Year Options Evening**  
**5th Year Subject Consultation Evening**  
**Undergraduate Study in the US Information Evening** LRJ  
**Sports Scholarship USA applications Information Evening** LRJ  
**National Citizenship Presentation**

**Subject Breakfasts** Sixth Form Café - Informal meetings with Sixth Form Students from different subjects, and about the Medical Pathways Group and Overseas Applications. RMW

**Sixth Form Café Breakfast Meeting**  
Real life experiences from our Sixth Formers about staying/ leaving Truro School.

Oxbridge and Scholars Groups on Teams, updated weekly with advice, opportunities and events

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

Half termly careers newsletter detailing internal and external careers events

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**Optional Work Experience**  
with support from NSK

**Results Day Support**  
one-to-one meetings available with NSK

**Introduction to the Sixth Form Diploma**

Oxbridge and Scholars Groups on Teams, updated weekly with advice, opportunities and events

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

Half termly careers newsletter detailing internal and external careers events

SIXTH FORM

*Drop-in Careers Clinic, Thursdays 1.20-2.00pm*  
*One-to-one meetings available with NSK by request.*

**Lower Sixth Welcome Evening**

**Lower Sixth PSHEE lessons:** Careers Lessons, eight lesson programme to all students on a carousel, delivered by NSK:  
- LMI  
- Employability skills  
- Planning for Success  
- CV writing and Applications  
- Employability Skills: creating a personal brand and LinkedIn.  
- Alternatives to University  
- Planning a Gap Year  
- UCAS  
- Student Finance

**Lower Sixth Medical Pathways**  
Applying to Medical School SEF

**Lower Sixth National Citizenship Presentation**

**Careers Talks:** Combination of onsite business lunches and remote careers talks with Q and A. Topics to include: Physiotherapy, running a business, law, finance, creative arts, IT, Sciences, fashion, Allied Health professions.

**Lower Sixth Work Experience Talk**

**Lower and Upper Sixth Applying to Art Degrees, Foundation Years and Architecture**  
Portfolio workshops, one to one mock interview and application advice. VJC

**Lower and Upper Sixth Oxbridge Music Applications**  
Interview preparation, ABRSM theory grade support, essay and composition advice, mock interviews.

**Upper Sixth Applying to Conservatoires and Music Degrees**  
Audition preparation including recordings if required. One to one advice and guidance on different courses and institutions. MDP

**Upper Sixth Mock Interviews for Overseas Applications** LRJ

**Upper Sixth Oxbridge Tea** for students and invited schools

**Upper Sixth Oxbridge Mock interviews**

**Upper Sixth Medical Pathways Mock Interviews- traditional and MMI.**

**Upper Sixth Dramatic Arts Mock Interview and Audition Preparation** BTO

**One-to-one UCAS appointments with Tutors and Head of Year** RMW

Oxbridge and Scholars Groups on Teams, updated weekly with advice, opportunities and events

Medical Pathways Wednesday Evening lectures

Medical Pathways Group on Teams, updated weekly with advice, opportunities and events

University Applications Overseas Group on Teams, updated weekly with advice, opportunities and events

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

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**Lower Sixth Higher Education Fair**  
University of Exeter, Penryn Campus. (RMW)

**Undergraduate Study in the US Information Evening** LRJ

**Sports Scholarship USA applications Information Evening** LRJ

**Upper Sixth Student Finance Talk**  
From Exeter University

**Upper Sixth Mock Exams**  
Feedback and Parents' Evening, January.

**Careers Talks:** Combination of onsite business lunches and remote careers talks with Q and A. Topics to include: Physiotherapy, running a business, law, finance, creative arts, IT, Sciences, fashion, Allied Health professions.

Medical Pathways Group on Teams, updated weekly with advice, opportunities and events

University Applications Overseas Group on Teams, updated weekly with advice, opportunities and events

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

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- Alternatives to University  
- Planning a Gap Year  
- UCAS  
- Student Finance

**Lower Sixth Post 18 Options Days**  
After end of year exams, June. Workshops on:  
- Interview skills  
- Networking  
- Student Finance  
- Apprenticeships  
- Degrees by subject  
- Applying to uni  
- Writing your Personal Statement  
- Applying to competitive universities  
- Oxbridge applications  
- Studying in London  
- Running your own business  
- Writing CVs and covering letters

**Lower Sixth Parent Information Evening**  
Applying to University

**Lower Sixth Summer Holiday Optional Work Experience**  
With support from NSK.

Medical Pathways Group on Teams, updated weekly with advice, opportunities and events

University Applications Overseas Group on Teams, updated weekly with advice, opportunities and events

Careers Advice and Industry Talks group on Teams, updated weekly with opportunities and events.

Half termly careers newsletter detailing internal and external careers events

## AUTUMN TERM

## SPRING TERM

## SUMMER TERM

INSPIRING FUTURES  
- FIRST STEPS

INSPIRING FUTURES  
- OPTIONS

INSPIRING FUTURES  
- EXPLORATION

INSPIRING FUTURES  
- EXPLORATION

INSPIRING FUTURES  
- DISCOVERY