



OPTIONS BOOKLET

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**TRURO
SCHOOL**

Wednesday Afternoon Activities (WAA)

SPRING TERM 2025

15 JANUARY – 2 APRIL

11 SESSIONS

1ST YEAR – 5TH YEAR AND SIXTH FORM

Zoe Jobling

DEPUTY HEAD

(CO-CURRICULUM & PARTNERSHIPS)



Gemma Hellings²

ADMINISTRATOR TO THE DEPUTY HEAD

(CO-CURRICULUM & PARTNERSHIPS)



The Wednesday Afternoon Activities programme allows Truro School pupils to participate in a wide range of activities as part of the weekly timetable. In doing so, it is the school's wish that all pupils have the opportunity to partake in activities that will allow them to:

- maintain or develop a healthy lifestyle through activities that will enrich their current and future lives;
- learn a new skill or develop an existing one in a safe environment;
- gain enjoyment from undertaking activities with other pupils, often of different ages, and with staff in a non-classroom context;
- gain satisfaction from making a positive contribution to an activity;
- prepare them for higher education and the world of work through developing skills such as self-discipline, commitment, team work, leadership and greater self-confidence.

Full details of all activities offered to each year groups follow. We ask pupils to select different activities throughout the year, this not only provides a balance of activities, but also allows other pupils to participate in popular activities, if numbers are limited.

We would be grateful if pupils and parents could review the activities on offer together; activities shown be chosen not on what their peers have selected, but instead on a pupils' own interests.

Parents will need to complete the online form – the link will be sent via email. This should be completed by no later than 9am on Monday 9 December. Pupils will be informed of their activity by Friday 13 December via their form tutor. Those pupils allocated off-site activities will be sent further information.

The first activity afternoon will commence on Wednesday 15 January 2025 with the last date being Wednesday 2 April 2025.

All pupils in the 1st Year to 5th Year & Lower Form are expected to select a Wednesday Afternoon Activity. Period 5/6 on a Wednesday is a timetabled lesson and pupils are expected to attend. No child is guaranteed a place in a certain activity, so please choose four options and be willing to do any of them for the whole term. No swaps will be permitted.

Pupils in the Upper Sixth are **encouraged** to attend an activity or can select private study at home or in school. **Upper Sixth pupils who do not sign out will have the privilege of home study revoked**

If you require further information about a particular activity or should you have any general queries concerning the activities, please contact waa@truroschool.com

Zoe Jobling

Deputy Head (Co-Curriculum & Partnerships)

Gemma Hellings

Administrator to the Deputy Head (Co-Curriculum & Partnerships)



Pupils, via parents and/or guardians, should indicate their four preferences on the Wednesday Afternoon Activities Spring Term 2025 Options form (online form) which will be emailed to all parents. You can also access it here [WAA Options Form](#)

Changes will not be permitted once term commences, unless there is a valid medical reason, therefore, please choose together carefully. Charges will apply even if non-attendance.

If a pupil is medically unable to go to their allocated activity or have missed their transport they will be required to go to the 'off-games' room.

A message from Mr Dan Sanderson - Director of Sport:

There are many sporting options available during Wednesday Afternoon Activities, but you may choose from any of the options. If you want to participate in Wednesday fixtures, please choose that option for your WAA, but equally, if you want to try something else, as long as you attend the relevant training night, you can attend fixtures on other days (not Wednesday's). Pupils will not be removed from other WAA activities to attend fixtures. If you want to participate in Wednesday fixtures, the best option is to select that sport as your Wednesday Activity on the online form. If you are unsure, please contact djs@truoschool.com

Art 'Bronze Arts Award' (S)		<p>2nd & 3rd Year</p> <p>16 Spaces</p>
Description	The Bronze Arts Award is a qualification that enhances creativity, art knowledge, reflective practice, and problem-solving skills. It involves creating a portfolio documenting your experiences, including participation in an art form, attending and reviewing an arts event, researching an artist's career, and sharing an arts skill. Much of the work can be completed during WAA sessions, with extra help from the Art department or independently at home. This award is not just about the art you create, but about the journey and experiences you'll have along the way. Successful completion awards a certificate from Trinity College London and the Arts Council.	
Equipment	Provided by school	
Time	2.05 – 3.50pm	
Costs	£27.50 (inc. VAT) for the certificate. This will be added to the end of term bill.	

Art 'Ceramics' (S)		<p>All Years</p> <p>16 Spaces</p>
Description	Pupils will be developing a ceramic project that gives them the chance to expand their knowledge and skills. <i>Please note this activity is very popular and if your child has been in this group in the Autumn Term, they may not be selected for this term.</i>	
Equipment	Provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	



Art 'Print Making' (S)		All Years 16 Spaces
Description	Exploring a variety of different print methods including: mono print, lino print, dry point, metal etching and screen printing. <i>Please note this activity is very popular and if your child has been in this group in the Autumn Term, they may not be selected for this term.</i>	
Equipment	Provided by school	
Time	2.05 – 3.50pm	
Costs	N/A	

British Army Fitness (P)		All Years 24 Spaces
Description	Each session is outdoors and will include a warm up, cardio and strength training, and a cool down with stretches. If the weather is poor, we will use a dry space in the SBA. The sessions will be broken down into three ability levels – all abilities are welcome, anyone from those who have not trained before to fitness machines. Sessions will focus on cardio as well as strength. Military Fitness is all about training together. You will get muddy, out of breath and will ache the next day but you will get fitter, and it is a highly social way to build health and fitness. Some weeks will involve going off site to Malpas for an extended run.	
Equipment	T-shirt and shorts/jogging bottoms that you do not mind getting wet and muddy! Waterproofs if wet. Shoes with reasonable grip so you can run on grass in the winter months.	
Time	2.05pm – 3.50pm	
Costs	N/A	

BMX (P)		All Years Spaces 10 Minimum 15 Maximum
Description	Pupils will have the opportunity to participate in BMX under the expert guidance from coaches at Cornwall BMX. Sessions will take place at Cornwall BMX, North Hill, Blackwater. Take a look at this video to see what Cornwall BMX sessions are like. These sessions will cater for all abilities of riders and skills will be adapted to allow all to make progress throughout the course.	
Equipment	Equipment will be borrowed from the centre, including bikes and helmets. <i>Pupils are required to bring their own full finger gloves, elbow pads, and knee pads.</i> All riders must wear the following to participate: long sleeve shirt, long trousers, full fingered gloves. Additional padded shorts, elbow pads or body armour are recommended but not compulsory. Please note that Cornwall BMX is exposed to the elements and riding will continue in most conditions. The conditions set out in Cornwall BMX's risk assessment must be followed to participate.	
Time	1.05pm – 4.30pm. A packed lunch will be provided each week for all pupils.	
Costs	£115 (VAT will be charged where applicable) per term (11 Sessions) This is a termly charge and no refunds will be given for missed sessions.	



Choristers (S)		All Years Choristers Only No minimum or maximum
Description	This option is only available for current boy and girl Choristers. The time will be used for music theory tuition for those who wish to work towards grade 5 theory or they may opt to use this time for private study or music practice/lessons.	
Equipment	N/A	
Time	2.05pm – 3.50pm	
Costs	N/A	

Community Volunteering (V)		4th & 5th Year & Sixth Form No minimum or maximum
Description	Pupils may volunteer at local nurseries, charity shops, the Truro Methodist Church and at the Prep and Pre-Prep School. This may count towards the Duke of Edinburgh's Award and pupils not participating in the award are also welcome. Interested pupils should contact Mr Chamberlain adc@truroschoo.com for further details. This will involve going off-site to their chosen location.	
Equipment	School uniform or smart casual clothing (no denim or inappropriate clothing)	
Time	Varies, depending upon the activity	
Costs	N/A	

Cookery 'Patisserie 2' (S)		5th Year & Sixth Form 20 Spaces
Description	<p>Skills to make some classic sweet 'recipes for a lifetime' including;</p> <ul style="list-style-type: none"> • Rhubarb and mascarpone tart • Sticky toffee pudding • Lime & coconut Swiss Roll <p>The cost of activity will include all ingredients, tuition and recipes. This will include suitable, recyclable/reusable, containers in which to bring home their creation in one piece.</p> <p>***Please advise us of all dietary needs when booking and we will do our best to adapt recipes to accommodate all requirements if possible.</p> <p>***Please note pupils will need to commit to the whole course although a 'takeaway kit' of ingredients and a recipe can be provided by arrangement for any missed weeks.</p> <p>Any questions or notification of dietary needs please email the cookery school cookeryclubs@truroschoo.com</p>	
Equipment	All supplied	
Time	2.05pm – 3.50pm	
Costs	£125 (inc. VAT) for the Spring Term (11 sessions), to include all ingredients and containers. This is a termly charge and no refunds will be given for missed sessions. Please note on the first session pupils will be taught how to cook safely and hygienically and a smaller bake will be made, this session is at the lesser cost of £5.	



Creative Club (S)		All Years 25 Spaces
Description	At Creative Club, you will get the opportunity to dive into the imaginative world of words. An award-winning local author will be delivering writing sessions, leading up to a fun final project. These sessions will be interspersed with other brilliant book related creative activities. These sessions will take place in our wonderful school library. Creative Club is the perfect place to discover, discuss and delight in the power of books.	
Equipment	Provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	

Dance (Cornwall Dance School) (P)		All Years 16 Spaces
Description	Calling all budding Performers! Learn various Dance techniques each week, including Jazz, Lyrical, Contemporary and Commercial. Improve your Flexibility, Strength, and Stamina by learning energetic exercises, routines and stretches that will improve your performance both onstage and off. This class is open to all abilities and aims to help you to improve your technique and gain experience and knowledge in various different styles of dance. Pupils will have the chance to perform their routine on the Hall for Cornwall Stage as part of the Secondary Schools Dance and Drama Showcase which takes place late January. Pupils will walk to LA studios after being registered at school. Pupils will be dismissed directly from the dance studios in Truro at 3.50pm.	
Equipment	School PE kit to be worn	
Time	2.05pm – 3.50pm	
Costs	N/A	

Debating (S)		All Years 16 Spaces
Description	Are you competitive? Do you love a good argument? Want the chance to question and discuss the big issues of our time? Test your wits; strengthen your ability to argue; be a critical thinker; develop your confidence and presentation skills. Come along and have a go at learning the different styles of debating while working as part of a vibrant team.	
Equipment	Provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	



Digital Photography (S)		All Years 16 Spaces
Description	Exploring their creativity or developing understanding, in this activity pupils will have the opportunity to consider how cameras and lenses work and exploit the numerous camera settings beyond point-and-shoot. They can also develop techniques in editing their images using image processing and manipulation software. The pupils will use other Wednesday activities and school grounds as their muses	
Equipment	Pupils should provide their own digital camera. A limited number can be borrowed, but pupils should check availability with Mr Picton before signing up.	
Time	2.05pm – 3.50 pm	
Costs	Pupils may print their pictures, up to A1 size, with a charge being added to the end of term bill.	

Drama Play ‘Grimm’s Tales’ (S)		3rd & 4th Year 40 Spaces
Description	A chance for keen performers to be in a production in the Burrell theatre. Grimm's Tales will be performed on 1 and 2 April.	
Equipment	Provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	

Drama Play ‘Twelfth Night’ (S)		Sixth Form Drama Students Only 20 Spaces
Description	A jazz-inspired, cut down version of Shakespeare's classic comedy, featuring sung jazz versions of Shakespearean sonnets. To be performed in the summer festival in June. U6 should think carefully about how this will work around their A level exams and talk to BTO first.	
Equipment	Provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	

DT Solidworks/Laser Cutting and 3D Printing (S)		4th & 5th Year & Sixth Form 16 Spaces
Description	Develop your CAD skills and learn how to be independent using the laser cutter and 3D Printers in order to produce a range of products. This will suit anyone studying GCSE or A level or looking at a future in Architecture, Engineering, or the creative industries.	
Equipment	To be provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A unless a considerable amount of consumables is used.	

DT Workshop Skills (S)		4th & 5th Year & Sixth Form 16 Spaces
Description	Develop your workshop skills through a series of small design and make tasks / or work on your own project	
Equipment	To be provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A unless a considerable amount of consumables is used.	



Dungeons & Dragons (S)		<p>All years</p> <p>13 Spaces</p>
Description	<p>In Dungeons & Dragons, you'll form an adventuring party to explore fantasy worlds, embark on epic quests, and level up. The collective creativity in your D&D game builds stories that you'll tell again and again, ranging from the stuff of legend to absurd incidents that'll make you laugh.</p> <p>This activity uses the D&D Beyond website. To access D&D Beyond you'll need to set up either a Google or Wizards account before the start of the activity. You can create the account using the following link: https://www.dndbeyond.com/create-account</p> <p>If you are under 13 you will need your parent's assistance to create your account.</p>	
Equipment	The school will provide Chromebook laptops to access the D&D Beyond website. If you wish, you may use your own smart device or laptop instead.	
Time	2.05pm – 3.50pm	
Costs	N/A	

Environment Club (S)		<p>All Years</p> <p>16 Spaces</p>
Description	<p>Join us for an unforgettable eco-adventure! Explore Cornwall's stunning wildlife areas with expert guides and get up close to iconic species like Grey Seals and Choughs. Take part in the <i>Million Mile Clean</i> by helping with litter picks and making a real difference. Visit local sustainable businesses and witness Cornwall's cutting-edge energy recovery and recycling centre in action. Enhance your environmental knowledge using the iSeek app for plant identification and mapping habitats. Get involved with <i>Trash Mob</i> events and earn Plastic Free Status with Surfers Against Sewage. Plus, earn the prestigious Green 'Blue Peter Badge' and enjoy free entry to top UK attractions. Dive into hands-on environmental projects, create impactful videos and posters, and practice using digital resources to help build a greener future.</p>	
Equipment	To be provided by the school.	
Time	2.05pm – 3.50pm	
Costs	N/A	

Fencing (Coaching by Mrs Jupp) (P, V)		<p>All Years</p> <p>16 Spaces</p>
Description	<p>Fencing is more than just a sport: it's a discipline that teaches you to challenge your limits, stay focused, and react with precision. Every touch is a lesson in courage and determination. Train like an athlete, think like a champion.</p> <p>Fencing is a high-octane combat sport which tests mental and physical strength, as well as discipline, tactical and technical ability. This sport is accessible to all ages and is a beginner's fencing course. It is a great sport for improving fitness, as well as being a huge amount of fun.</p>	
Equipment	School PE t-shirt and tracksuit bottoms to be worn. All technical equipment will be provided	
Time	2.05pm – 3.50pm	
Costs	N/A	



Film Club 'Exploring Psychology Through Film' (S)		4th & 5th Year & Sixth Form 20 Spaces
Description	<p>All the films will have a link to Psychology - explaining why we do what we do. You will be taught a little bit of Psychology and then watch films in which you can see what you have learned; at the end of a film, we will discuss what you have seen and ask questions. Examples of films and their links to Psychology are - Memento (memory loss), As Good as it Gets (OCD), A Beautiful Mind (schizophrenia), Awakenings (drug treatments and amnesia), Fly Away Home (attachment) Billy Elliot & Bend it Like Beckham (gender roles and stereotypes), Made in Dagenham (minority influence), Concussion (head injury and sport).</p> <p>All welcome - you don't have to study Psychology, and it can be a good way of finding out about the subject. You do need to be willing to sit still and watch a film... Popcorn is encouraged!</p>	
Equipment	Provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	

Fitness Suite (P)		All Years 24 Spaces
Description	<p>Pupils will follow an individual training programme and will be expected to work hard during these sessions. Pupils can work on the aerobic and resistance machines following a pre-planned routine.</p> <p>* Pupils will have the chance to participate in individual and team fitness challenges each week and encouraged to record their progress</p> <p>* Pupils will receive coaching on the safe use of free weights and sport specific training</p>	
Equipment	School PE kit to be worn	
Time	2.05pm – 3.50pm	
Costs	N/A	

Football 'Competitive' (boys and girls) (P)		All Years No minimum/ maximum
Description	<p>For pupils who would like to be considered for the School Team and will play most Wednesday afternoons, with the occasional weekend fixture. For any questions on this option please contact Mr Hooper GDH@truroschool.com</p>	
Equipment	Games kit and shin pads to be worn	
Time	2.05pm – 3.50pm for training, times for matches vary	
Costs	N/A	

Football 'Recreational' (boys and girls) (P)		All Years No minimum/ maximum
Description	<p>Pupils will be engaging in coaching and internal football matches for enjoyment. For any questions on this option please contact Mr Hooper GDH@truroschool.com</p>	
Equipment	Games kit and shin pads to be worn	
Time	2.05pm – 3.50pm	
Costs	N/A	



Golf at Truro Golf Club (P)		All Years 10 Spaces
Description	All abilities are welcome. Sessions will be led by a Truro Golf Club Pro – Scott Richards, or one of his team.	
Equipment	All equipment provided, but if you have your own equipment, you are welcome to bring it.	
Transport	Minibus	
Time	2.05pm – 3.50pm	
Costs	£110 (VAT will be charged where applicable) for the Spring Term (11 sessions) This is a termly charge and no refunds will be given for missed sessions.	

Hair Wrap and Bracelet Making (S)		All Years 16 Spaces
Description	Come and create your own removable Hair Wrap, ahead of the summer. Once you've mastered the technique, learn how to make different bracelet patterns.	
Equipment	Provided by the school. Pupils are welcome to bring in additional coloured thread.	
Time	2.05pm – 3.50pm	
Costs	N/A	

Hockey (boys and girls) (P)		Girls: 3rd & 5th Year and Sixth Form Boys: All Years <i>Numbers may need to be capped for safety</i>
Description	For girls, Hockey is the main sport in the Spring term for the 3rd & 5th Year and Sixth Form with most of their fixtures being on a Wednesday afternoon. The boy's county tournaments and regional finals for the 1st-3rd year happen this term and the older year groups will be able to play mixed hockey.	
Equipment	School games kit, mouth guards and shin pads to be worn	
Time	2.05pm – 3.50pm	
Costs	N/A	

Horse Riding (P)		All Years 8 Spaces
Description	At Goonbell Riding School, beginners and novices will learn the basics of riding and horsemanship whilst intermediate pupils will be able to improve their flatwork and begin jumping. As well as lessons in the large indoor school there will be regular opportunities to ride out on the local bridleways. This group is not suitable for very experienced riders. Each session lasts an hour.	
Equipment	Boots or shoes with a small heel, a waterproof jacket in inclement weather and tracksuit bottoms or jodhpurs should be worn. Riding gloves with grip palms are desirable. A well-fitting riding helmet conforming to EN1384 or PAS015 safety standards is essential and may be borrowed from the riding school	
Transport	9-seater minibus to Goonbell Riding School	
Time	1.10pm – 4pm. A packed lunch will be provided each week for all pupils	
Costs	£330 (VAT will be charged where applicable) for the Spring Term (11 sessions) This is a termly charge and no refunds will be given for missed sessions.	



Indoor Climbing (P)		<p style="text-align: center;">All Years</p> <p style="text-align: center;">15 Spaces</p>
Description	<p>Learn or develop your climbing skills at The Barn Climbing Centre!</p> <p>Regular practice on graded routes will help you challenge yourself and progress under the supervision of qualified instructors. Pupils will be enrolled in the National Indoor Climbing Award Scheme (NICAS) and work through levels 1 and 2 across the 11 sessions. NICAS Climbing provides a structured, safe environment to develop skills in both indoor roped climbing and bouldering. Participants will gain a strong foundation in climbing techniques, safety awareness, and personal progression.</p> <p>Please note the travel time to The Barn will take approximately 1 hour, with each climbing session lasting 1 hour and 30 minutes.</p>	
Equipment	School PE kit and trainers to be worn. All climbing equipment will be provided by The Barn, including climbing shoe hire if required.	
Time	1.00pm – 5.00pm. A packed lunch will be provided each week for all pupils.	
Costs	£197.80 (Inc. VAT) for the Spring Term (11 sessions). This is a termly charge and no refunds will be given for missed sessions.	

Music GCSE (S)		<p style="text-align: center;">4th Year</p> <p style="text-align: center;">20 Spaces</p>
Description	Open to pupils in the GCSE music sets or those who have been accepted to take the 4 th Year one-year GCSE course. If in doubt, please contact Mr Osmond rto@truroschool.com	
Equipment	To be provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	

Music Theory (S)		<p style="text-align: center;">2nd, 3rd, 4th, 5th Year & Sixth Form</p> <p style="text-align: center;">20 Maximum</p>
Description	Open to pupils working from Grade 1 up to Grade 5 Theory. Interested pupils should check with Mr Osmond that they are eligible. rto@truroschool.com	
Equipment	To be provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	

Netball (Girls) (P)		<p style="text-align: center;">1st, 2nd, & 4th Year</p> <p style="text-align: center;">No minimum/ maximum</p>
Description	Netball is the main sport in the Spring term for the 1st, 2nd and 4th Year girls. Netball coaching and the majority of fixtures will take place on Wednesday afternoons. If pupils want to play in Wednesday fixtures, they should select this option. The 2nd and 4th years will have the opportunity to attend the World School Games in Loughborough. If pupils wish to be considered for selection they must choose WAA Netball. Netball is available to any girl in the relevant year groups. All abilities welcome.	
Equipment	Games kit to be worn	
Time	2.05pm – 3.50pm	
Costs	N/A	



Physics, Electronics and Astronomy (S)		1st, 2nd, 3rd & 4th Year 16 Spaces
Description	We will be looking at various aspects of physics, electronics, and astronomy. We usually make a visit to a local point of interest. We will follow an introduction to understanding and building electronic circuits, including soldering skills. Using the numerous telescopes that we have in our `observatory` base in the fields above the school, we will undertake both observational and theoretical activities.	
Equipment	Provided by the department	
Time	2.05pm – 3.50pm	
Costs	N/A	

Rugby 7s (Boys) (P)		4th & 5th Year & Sixth Form No minimum/ maximum
Description	Rugby 7's sessions, in preparation for school tournaments throughout the spring term. If any pupil wants to play football fixtures, they are allowed to pick this and be considered for both. Any questions on this option please contact Mr Excell tme@truroschool.com	
Equipment	Truro School P.E kit and gum shields to be worn	
Time	2.05pm – 3.50pm	
Costs	N/A	

Sailing (P)		All Years 12 Spaces
Description	Beginners or more advanced sailors' welcome. Learn to sail your own dinghy or develop your previous sailing skills with the very experienced Children's Sailing Trust (CST) on the beautiful Trevassack Lake in The Lizard. Under the expert eye of a RYA Dinghy Instructor, students will soon be sailing their own dinghy and can work towards the Royal Yachting Association (RYA) dinghy schemes, with logbooks issued to record progress and certificates awarded upon successful completion of each stage	
Equipment	Winter wetsuit required, shoes (preferably wetsuit boots), a waterproof jacket (ideally a spray top) and towels / dry robe. Helmets and lifejackets can be borrowed, but please bring your own if you prefer. Trevassack lake has both male and female changing rooms. It is advisable to bring sun cream and water.	
Transport	School minibus	
Time	1.00pm – 5.00pm. A packed lunch will be provided for all pupils.	
Costs	£357.50 (Inc. VAT) for the Spring Term (11 sessions) This is a termly charge and no refunds will be given for missed sessions.	



Skateboarding (P)		All Years 24 Spaces
Description	Pupils will have the opportunity to participate in skateboarding under the expert guidance of the staff at Mount Hawke Skatepark.	
Equipment	There is minimal equipment to borrow at Mount Hawke, so pupils need to have their own equipment. Pupils should bring in their own skateboards and helmets. Skateboards must not be used around the school site; therefore, pupils must only bring their own skateboard into school if they store it safely each Wednesday in their form room. Priority will be given to new pupils who have not accessed this activity in previous terms.	
Time	1.15pm – 5.00pm. A packed lunch will be provided for all pupils.	
Costs	£77 (VAT will be charged where applicable) for the Spring Term (11 sessions) This is a termly charge and no refunds will be given for missed sessions.	

Soft Toy Making (S)		1st, 2nd & 3rd Year 16 Spaces
Description	Join our exciting club where pupils will spend 11 weeks creating their very own soft toy! With a variety of patterns provided, participants will learn how to read and follow sewing patterns, along with mastering basic hand-sewing techniques. We ask pupils to bring in (preferably pre-loved) fabric, while we'll provide cottons, needles, and stuffing. This club is perfect for students in Years 7, 8, and 9 who are ready to explore their creativity and craft a special, handmade toy.	
Equipment	Pre-Loved Fabric. All other equipment to be provided by the school.	
Time	2.05pm – 3.50pm	
Costs	N/A unless a considerable amount of consumables is used	

Squash (P)		All Years 16 Spaces
Description	Pupils of all abilities are welcome to play regularly on the school's Squash court. A limited number of squash rackets are available, and pupils would benefit from having their own, whilst eye protection is strongly recommended.	
Equipment	School PE kit and non-marking trainers to be worn.	
Time	2.05pm – 3.50pm	
Costs	N/A	



Surfing 'Progressive and Competition Combined Spring Group' (P)		
Description	Working with Global Boarders to develop our surfing academy, sessions will be based at Praa Sands, Penhale Gwithian, South Fistral, The Bluff, Porthkidney, or Mounts Bay depending on the best conditions that week. Parents and Pupils will be notified with 24 hours' notice as to which location will be used. Due to the sea and weather conditions in the Spring Term, these sessions are only suitable for intermediate surfers as well as advanced . Beginners should not choose this option. Pupils will be split into ability groups as decided by the experienced coaches from Global boarders. Boards and equipment can be provided for pupils according to their needs and small group coaching, video analysis and pool training are all part of the package. Pupils are welcome to bring their own equipment, but the coaches will approve the kit before it is used. If you are thinking of investing in kit, please ask one of the coaches for advice before making purchases. Please note that this activity will not return in time for school buses.	All Years 20 Spaces
Equipment	All equipment will be provided if required, however pupils are welcome to bring their own winter thickness wetsuit, hood, gloves, boots and board. A changing robe and towel are required.	
Time	1.30pm – 6.00pm. Pupils will be escorted for early lunch	
Costs	£220 (inc. VAT) for the Spring Term (11 sessions). This is a termly charge and no refunds will be given for missed sessions.	

Wargaming (S)		
Description	In Wargaming, groups of pupils try their hands at some of the most popular specialist board games, mostly historical simulations and/or resource management. This activity offers pupils opportunities for competitive interaction, problem-solving and teamwork, not to mention broadening their knowledge and understanding of the past.	All Years 16 Spaces
Equipment	To be provided by the school	
Time	2.05pm – 3.50pm	
Costs	N/A	

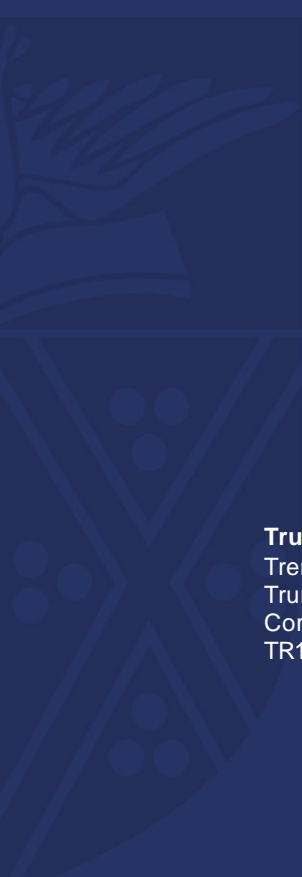
Web Development (S)		
Description	An introduction to Web development with html, CSS and JavaScript, using VS code. Suitable for students with no previous experience of web development.	All Years 16 Spaces
Equipment	N/A	
Time	2.05pm – 3.50pm	
Costs	N/A	

Duke of Edinburgh

Throughout this booklet suggestions are made where these activities can be used for Duke of Edinburgh sections. This is not a complete list and doesn't guarantee ability and suggestions should be discussed with Mr Aston (mra@truroschool.com).

Volunteering (V)	Undertaking service to individuals or the community (must not be for a business)
Physical (P)	Improving in an area of sport, dance or fitness activities (if you sweat...it is a physical)
Skill (S)	Developing practical and social skills and personal interests (not sporting or physical activities)





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