

## Week 1 Lunch – 6<sup>th</sup> Form Cafe

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Main Course	Main Course	Main Course	Main Course
<p style="text-align: center;">Beef Bolognese</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Quorn Bolognese</p>	<p style="text-align: center;">Curry</p> <p style="text-align: center;">***</p> <p style="text-align: center;">Veggie Curry</p>	<p style="text-align: center;">Chicken &amp; Chorizo Paella</p> <p style="text-align: center;">***</p> <p style="text-align: center;">Vegetable paella</p>	<p style="text-align: center;">Green Thai Curry</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Thai Curry</p>	<p style="text-align: center;">Battered Fish</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Sausages</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Vegetable Tempura</p>
Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables
<p style="text-align: center;">Pasta</p> <p style="text-align: center;">Peas</p> <p style="text-align: center;">Garlic Bread</p>	<p style="text-align: center;">Roasted Spiced Cauliflower</p> <p style="text-align: center;">Pitta Bread</p> <p style="text-align: center;">Braised rice</p>	<p style="text-align: center;">Homemade bread</p> <p style="text-align: center;">Spanish omelette</p> <p style="text-align: center;">Spanish Salad</p>	<p style="text-align: center;">Steamed rice</p> <p style="text-align: center;">Stir Fried Vegetables</p> <p style="text-align: center;">Naan Bread</p>	<p style="text-align: center;">Chips</p> <p style="text-align: center;">Baked beans</p> <p style="text-align: center;">Peas</p>
Desserts	Desserts	Desserts	Desserts	Desserts
<p style="text-align: center;">Selection cold dessert Fruit salad</p>	<p style="text-align: center;">Selection cold dessert Fruit salad</p>	<p style="text-align: center;">Selection cold dessert Fruit salad</p>	<p style="text-align: center;">Selection cold dessert Fruit salad</p>	<p style="text-align: center;">Selection cold dessert Fruit salad</p>

## Week 2 Lunch – 6<sup>th</sup> Form Cafe

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Main Course	Main Course	Main Course	Main Course
<p>Chicken &amp; sweet pepper fajitas</p> <p style="text-align: center;">*****</p> <p>Vegetable burritos</p>	<p>Beef kofta</p> <p style="text-align: center;">*****</p> <p>Vegetarian skewers</p>	<p>Southern Fried Chicken Burger</p> <p style="text-align: center;">*****</p> <p>Beetroot &amp; Spinach Falafel Burger</p>	<p>Chilli Hot dogs</p> <p style="text-align: center;">*****</p> <p>Veggie Chili Hot dogs</p>	<p>Battered Fish</p> <p style="text-align: center;">*****</p> <p>Sausages</p> <p style="text-align: center;">*****</p> <p>Vegetable Tempura</p>
Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables
<p>Rice</p> <p>Sour cream</p> <p>Salsa</p> <p>Corn on the cob</p>	<p>Rice</p> <p>Green beans</p> <p>Salads</p>	<p>Tomato / Lettuce</p> <p>Cheese sauce</p> <p>Skinny chips</p>	<p>Baps</p> <p>Salads &amp; Dips</p> <p>Chips</p>	<p>Chips</p> <p>Baked beans</p> <p>Peas</p>
Desserts	Desserts	Desserts	Desserts	Desserts
<p>Selection cold dessert</p> <p>Fruit salad</p>	<p>Selection cold dessert</p> <p>Fruit salad</p>	<p>Selection cold dessert</p> <p>Fruit salad</p>	<p>Selection cold dessert</p> <p>Fruit salad</p>	<p>Selection cold dessert</p> <p>Fruit salad</p>

## Week 3 Lunch – 6<sup>th</sup> Form Cafe

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Main Course	Main Course	Main Course	Main Course
<p style="text-align: center;">Beef chilli</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Veggie Chilli</p>	<p style="text-align: center;">Moroccan or Swedish Meatballs</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Veggie Meatballs</p>	<p style="text-align: center;">Stir fried Chicken</p> <p style="text-align: center;">***</p> <p style="text-align: center;">Vegetable Stir Fried</p>	<p style="text-align: center;">Roast Beef</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Cauliflower Steak with Chimichurri Sauce</p>	<p style="text-align: center;">Turkish Kebab</p> <p style="text-align: center;">*****</p> <p style="text-align: center;">Quorn Kebab</p>
Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables	Potato & Vegetables
<p style="text-align: center;">Braised Rice</p> <p style="text-align: center;">Chargrilled Corn</p> <p style="text-align: center;">Sour cream + Salsa + Salads</p>	<p style="text-align: center;">Pasta</p> <p style="text-align: center;">Garlic Bread</p> <p style="text-align: center;">Salads</p> <p style="text-align: center;">Broccoli</p>	<p style="text-align: center;">Roasted Spiced Cauliflower</p> <p style="text-align: center;">Egg noodles</p> <p style="text-align: center;">Broccoli</p>	<p style="text-align: center;">Roast new potatoes</p> <p style="text-align: center;">Baton carrots</p> <p style="text-align: center;">Hispi Cabbage</p>	<p style="text-align: center;">Pitta bread or Wraps</p> <p style="text-align: center;">Salads &amp; Dips</p> <p style="text-align: center;">Chips</p>
Desserts	Desserts	Desserts	Desserts	Desserts
<p style="text-align: center;">Selection cold dessert</p> <p style="text-align: center;">Fruit salad</p>	<p style="text-align: center;">Selection cold dessert</p> <p style="text-align: center;">Fruit salad</p>	<p style="text-align: center;">Selection cold dessert</p> <p style="text-align: center;">Fruit salad</p>	<p style="text-align: center;">Selection cold dessert</p> <p style="text-align: center;">Fruit salad</p>	<p style="text-align: center;">Selection cold dessert</p> <p style="text-align: center;">Fruit salad</p>

